

CALL FOR APPLICATIONS: MPhil IN BEHAVIOURAL MEDICINE 2024

MASTER OF PHILOSOPHY IN BEHAVIOURAL MEDICINE

The Master of Philosophy in Behavioural Medicine is a two-year part-time degree (NQF Level 9). The programme has a unique focus on psychiatric disorders, chronic conditions, and health, and is suited for both professionals and non-professionals from diverse backgrounds, including global health, medicine, nursing, occupational therapy, physiotherapy, psychology, psychiatry, and non-governmental organisations. The purpose of the programme is to provide advanced development and training in research at the intersection of psychiatric disorders and chronic conditions. The programme enables candidates to evaluate interventions and interpret research findings with a critical framework, and more importantly, builds professional capacity in how to develop, assess, and apply behavioural interventions that promote mental and physical health, and prevent, manage, and treat multimorbid health challenges faced by people in South Africa and beyond.

The programme will generate advanced contextual knowledge related to the role of psychosocial factors in health promotion, disease prevention and management. Crucially, the programme will develop research and intervention implementation skills informed by a biopsychosocial, patient-centred, evidence-based approach to the prevention and management of mental disorders and chronic conditions.

The programme requires:

- Participation in monthly seminars (in-person and/or online);
- The preparation of a dissertation of a minimum of 20 000 words.

ADMISSION REQUIREMENTS

The entry requirements for the programme are as follows:

- Minimum NQF Level 8 qualification (Honours or four-year degree) in a health or social science-related field.
- For candidates not in possession of a NQF Level 8 qualification, the programme will make use of recognition of prior learning (RPL) to facilitate access for 10% of applicants. RPL assessments will be conducted by means of a written research outline and individual interview to determine prospective candidates' suitability.
- Applicants will be required to have demonstrable experience in conducting research, with participation in one or more research project.
- All applications will be reviewed as part of a formal selection process.

SELECTION PROCESS

There are limited placements for this programme, and admission is highly competitive. Selection is primarily based on academic merit and the potential to contribute to the field of Behavioural Medicine in South Africa and beyond. In addition to the application form, we may request short-listed candidate to attend a selection interview.

The deadline for applications is **30 October 2023**. The outcome of the selection process will be communicated to all applicants by **30 November 2023**.

APPLICATION INSTRUCTIONS

Instructions for completing the application form are provided [here](#). Please read and follow these instructions carefully as they are not repeated on the application form itself.

- Please complete the attached application form.
- The application form must be completed in full and submitted with all required supporting documents **as a single PDF file, with your surname and initial as the file name**, to stephan.rabie@uct.ac.za on or before **30 October 2023**.



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- Each completed application form should include the following:
 - Photograph
 - Signed plagiarism declaration
 - Research proposal (see format in the application form)
 - Details of referees
 - Certified copies of original academic transcripts
- All protocol applications will be subjected to Turn-It-In.
- If you have any questions about the application form or process, please contact **Dr Stephan Rabie** (stephan.rabie@uct.ac.za).
- Upon selection, students will be asked to complete the online application process through the University of Cape Town's online portal. Only selected students will be required to complete this step. Successful students will also be given additional information related to fees, registration, financial assistance, as well as more detailed information about the course.

APPLICATION FORM: MPhil in Behavioural Medicine 2024

INSERT
PHOTOGRAPH
HERE

PERSONAL DETAILS

TITLE				SURNAME			
FIRST NAMES							
AGE		DATE OF BIRTH	/	/	ID NUMBER		
HOME LANGUAGE(S)							
RESIDENTIAL ADDRESS							
POSTAL ADDRESS (if different from above)							
DISABILITY (please state nature of disability and details of special needs)							
OCCUPATION							
EMPLOYER							
WORK ADDRESS							
TELEPHONE	(W)				(H)		
MOBILE					FAX		
EMAIL ADDRESS							
CITIZENSHIP							
PROFESSIONAL REGISTRATION (if applicable)							
REGISTERING BODY					REGISTRATION NUMBER		

Should fellowships be available, would you like to be considered for a fellowship?	Yes	No	
Would you be able to self-fund?	Yes	No	

LANGUAGE PROFICIENCY

Please indicate your proficiency in reading, writing, speaking and understanding language you are familiar with by using the following categories: **excellent**, **fair** and **poor**.

Language	Speak	Read	Write	Understand

EDUCATION (please list in reverse order)

Please attach original university transcripts as well as certified copies of all degrees and certificates.

Qualification	Year	Institution	Major subjects	Marks obtained

OTHER RELEVANT QUALIFICATIONS / INFORMAL EDUCATION (please list in reverse order)

Course	Institution	Year	Duration

RESEARCH EXPERIENCE (please list in reverse order)

Year	Project Title	Type of Research	Role	Supervisor (if applicable)

PUBLICATIONS (providing the full reference, please list in reverse order i.e. the most recent first)

PRIZES/AWARDS RECEIVED (please list in reverse order)

Year	Details

OTHER RELEVANT EXPERIENCE (e.g. teaching, leadership positions, etc)

Year	Details

OCCUPATIONAL HISTORY

CURRENT POSITION			
DATE COMMENCED			
MAIN RESPONSIBILITIES			
OCCUPATIONAL HISTORY(please list in reverse order)			
Dates	Position	Employer	Main Responsibilities

Letter of Motivation

Please write a one-page letter of motivation for why you are applying for the MPhil in Behavioural Medicine.

**How do you see yourself using this course in your professional and/or personal capacity?
(half page)**

REFEREE REPORTS

Please provide the names and contact details of your referees here. We will contact the referees of shortlisted applications.

Name of Referee #1			
Position			
Institution			
Email Address			
Tel		FAX	

Name of Referee #2			
Position			
Institution			
Email Address			
Tel		FAX	

DECLARATION	
<ul style="list-style-type: none">I certify that the information supplied in this application is correct.	
.....	
Signature of Applicant	Date



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MPhil (Behavioural Medicine): RESEARCH CONCEPT NOTE

Please do not exceed TWO typed pages

In TWO pages, please set out the following:

1. Provisional Research Title

2. Background/Rationale

What is your proposed research addressing?

3. Aims and Objectives

4. Methods

This should include the following subheadings:

a) Design

How will you achieve the study aims and objectives?

b) Setting

Where will your study take place?

c) Sampling/Participants

How and where will you recruit participants for your study? What are the inclusion and exclusion criteria?

d) Procedure

How will you collect data? Who will collect the data?

e) Measures

Describe in detail your data collection methods.

f) Data Analysis

Describe the quantitative or qualitative methods that will be used to analyse the data

5. Ethical considerations

6. Positioning of research

How does your research position itself within the field of Behavioural Medicine?

7. References

UNIVERSITY OF CAPE TOWN
Faculty of Health Sciences

MPhil in Behavioural Medicine

Application Protocol

Full name:

Plagiarism Declaration

1. I know that plagiarism is wrong. Plagiarism is to use another's work and pretend that it is one's own.
2. Any section taken from an internet source has been referenced to that source.
3. This protocol is my own work and is in my own words (except where I have attributed it to others). I have not worked with or consulted any other person when writing this essay.
4. I have not allowed, and will not allow anyone to copy my work with the intention of passing it off as his or her own work.
5. I acknowledge that copying someone else's protocol, or part of it, is wrong, and declare that this is my own work.
6. I confirm that I have not used any artificial intelligence (AI) programme to complete this essay or part thereof (e.g., Chat GPT).

Signature

Date