

# IMMUNOMOLECULAR PSYCHIATRIC CLINIC

J2 Psychiatric Out-patients Department

Neuroscience Centre

Groote Schuur Hospital

021 404 2151

## REFERRAL LETTER

Patient sticker

### Patient Information

Patient's Name:

Identification no.:

Date of Birth:

Email:

Phone no.:

Referred from:

Contact email and number:

Referred to: **Dr Elizabeth Peter-Ross** [peterem@mweb.co.za](mailto:peterem@mweb.co.za) *Immunomolecular Specialist Psychiatrist*

Reason for referral:  Known genetic disorder and a mental health need

(tick relevant box)  Known immunological disorder and a mental health need

Two or more persons (within a family) with the same mental health presentation

Short background:

### HISTORY OF THE IMMUNOMOLECULAR OUTPATIENTS CLINIC

Following the 92% completion of the HUMAN GENOME PROJECT in 2003, Dr Elizabeth Peter-Ross (*B.Th., M.D., D.O.H., L.M.C.C., FFPsych (SA)*) started the Neurogenetic Psychiatric Outpatient Clinic at J2 Groote Schuur Hospital in June 2005. The clinic assesses patients who have a known genetic disorder and a mental health need or when two or more persons in the same family have similar mental health needs. The overall aim was to find suitable persons to help further our understanding of the shared cellular and molecular pathways in neurogenetic psychiatric disorders. In 2012, Dr Elizabeth Peter-Ross and three other prominent psychiatrists started the Special Interest Group (SIG) for Cellular and Molecular Psychiatry within the South African Society of Psychiatry (SASOP). In 2018, Dr Elizabeth Peter-Ross had a paper published on Catatonia which included three families with similar genetic histories. In January 2022 as our knowledge of the link of psychiatric disorders to the metabolic and abnormalities in the immune system expanded, the name of the outpatient clinical was changed to Immunomolecular Psychiatric Outpatient Clinic so as to include persons with a known Immunological condition and a mental health need.