

“Breaking Boundaries”

Provisional Sports program between the Italian Consulate-South Africa and the HPALS-UCT Research Centre

Date: Friday 27 September 2024

Place: no 15 Boundary Rd, 3rd floor Sports Science Building, Newlands, Cape Town, South Africa

Registration: 8.30am

9.00

Welcome address by A/Prof Yumna Albertus (HPALS director)

9.05

Introductions by H.E. Alberto Vecchi (Italian Ambassador)

9.15 - 10.00 (45 min)

“Fiasconaro the Italian-SA story” (Prof Luca Tiano, Scientific Attaché at the Italian Embassy)

- Video showcasing Fiasconaro 5 min
- Lived experience by Fiasconaro 20 min
- Interview questions 15min

10 - 10.45am (45 min)

“Eliod Kipchoge: The Story” (A/Prof Andrew Bosch, UCT) (40 min)

Tea 10.45 - 11.10am

11.10 to 11.40

“Current insights into tracking performance, lessons learnt in Italy by South Africans (A/ Prof Jeroen Swart, UCT) (25min) 5 min Q/A

11.40 to 12.10

“Managing human limitations and extreme performances through sport science in the name of solidarity” (Dr Giovanna Ghiani, Italy) (25min) 5 min Q/A

12.10 to 12.35

“a PhD story using surf therapy to impact communities towards the World sports arena” (Dr Roxy Davis) (25min) 5 min Q/A

12.35 to 12.40 closing remarks

- UCT Leadership (DVC research)
- Italian embassy (H.E., The Italian Ambassador)

Lunch 12.45 to 13.45