TRAUMAINFORMED RESEARCH METHODOLOGIES

FIVE DAY UCT SHORT COURSE 20-24 July 2026 This short course is an interactive workshop for anyone involved in research, evaluation or community-focused work who wants to integrate trauma-informed and decolonial principles into their work. Whether you're exploring the effects of trauma, working in diverse cultural or social settings, or assessing programmes shaped by historical and structural inequalities, this course provides critical perspectives and methodology - deepened by insights from a range of guest speakers - to support more respectful, responsive and context-aware approaches.

Course Details:

Course fees

R5,500 per person

HPCSA CPD: Being applied for 20 points (Clinical) 10 points (Ethics)

Date:

20-24 July 2026 09:00-16:00

Location:

Dumo Baqwa Hall, Barnard Fuller Building, Faculty of Health Sciences, UCT, Anzio Road, Observatory

Contact:

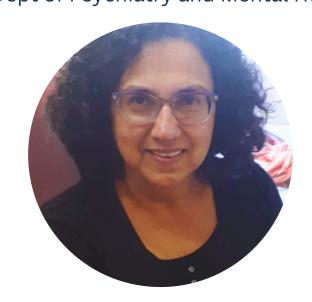
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Course presenters:



DR LANE BENJAMIN

Course Convenor
Clinical Psychologist
Lecturer
Groote Schuur Staff Psychologist
Dept of Psychiatry and Mental Health



PROF SHARON KLEINTJES

Clinical Psychologist
Chair and Prof of Intellectual
Disability
Dept of Psychiatry and Mental
Health



MS ERESHIA BENJAMIN

Clinical Psychologist
Senior Lecturer
Groote Schuur Principal Psychologist
Dept of Psychiatry and Mental Health



MR GRANT STEWART

Trauma-informed practitioner
Director of R-Cubed

Programme Outline:

- Module 1: Introduction to the Concepts of Trauma
- Module 2: Trauma-Informed Research Principles
- Module 3: Understanding Decoloniality in Research
- Module 4: Trauma-Informed & Decolonial Methodologies
- Module 5: Intersectionality & Research Justice
- Module 6: Community Engagement & Collaboration
- Module 7: Trauma-Informed Data Collection Methods
- Module 8: Trauma-Informed Data Analysis
- Module 9: Ethical Considerations in Decolonial- and Trauma-Informed Research
- Module 10: Reflection & Future Directions.

The programme includes dedicated reflective & writing spaces for participants to apply the course content to their existing research, or to develop their research ideas.

Follow link to Register online and for further information:

https://health.uct.ac.za/continuingeducation-unit/trauma-informedresearch-methodologies

ENQUIRIES

ce.administration@uct.ac.za

LIMITED SPACES AVAILABLE!