

Hand-held cardiac point-of-care ultrasound (POCUS) course for junior doctors in South Africa



HOSPITAL
PARTNERSHIPS

A hospital partnership between the



Cape Heart Institute/Groote Schuur Hospital
Cardiac Clinic, University of Cape Town



CAPE HEART INSTITUTE
Global Medicine



**General
Cardiac
Clinic**

and the



Saarland University Hospital,
Department of Internal Medicine III
Cardiology, Angiology, and Intensive Care Medicine



UKS
Saarland University
Medical Center

Saturday, 21st February 2026

8:00 – 8:30 Coffee and registration

8:30 – 8:45 Welcoming

Bernhard Haring  and *Karen Sliwa* 

8:45 – 10:00 Cardiac POCUS views

Charle Viljoen 

10:00 – 10:30 Tea & Snacks

10:30 – 11:45 Basic LV function / LV size assessment /
cardiomyopathies

Bernhard Haring 

11:45 – 12:15 POCUS for the assessment of congestion

Julian Hövelmann 

12:15 – 12:45 Pericardial effusion and tamponade

Annaret Viljoen 

13:00 – 13:45 Lunch

13:45 – 14:00 Walk to Groote Schuur Hospital (15 minutes)

14:00 – 16:30 Practical session on healthy students

16:40 Closing

Bernhard Haring  and *Karen Sliwa* 

Sunday, 22nd February 2026

9:00 – 10:00 Role and Limitation of POCUS in the evaluation of valvular heart disease

Blanche Cupido 🇿🇦

10:30 – 11:00 Tea

11:00 – 12:00 Right Ventricular Assessment

Bernhard Haring 🇩🇪

12:00 – 12:45 Lunch

12:45 – 13:00 Walk to Groote Schuur Hospital (15 minutes)

13:00 – 15:30 Practical session on patients

15:30 – 15:45 Walk to Groote Schuur Hospital (15 minutes)

15:45 – 16:15 Closing and Quiz

Bernhard Haring 🇩🇪 *and Karen Sliwa* 🇿🇦



Sponsoring by:



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Organized by:

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