



Online Essentials Of Nursing Children with a Tracheostomy Course

Learning outcomes

At the end of the course, participants will be able to:

1. Articulate their role, within the complex system and environments in which children with tracheostomies are nursed to ensure safe and efficient care for best possible outcomes.
2. Explain the anatomical, physiological and developmental differences across the age-span of a child, and how this impacts the indication for a tracheostomy, the procedure and the required nature of care.
3. More confidently provide safe, quality, evidence-based nursing care to children with a tracheostomy using the Regul8 Framework as a guide.
4. Recognise and utilise the important supportive role and resource of the principal caregiver and family in the pathway of a child with a tracheostomy.

N.B. It is to be noted that the course contains information relevant to all health professionals working with children with tracheostomies but it is written by nurses, with a focus on nursing.

Course content

Weeks 1-10

Week 1	An introduction to nursing children with a tracheostomy
Week 2	Regul8 – A framework to guide nursing care
Week 3	Engaged Mother Child Interaction
Week 4	The what, when and how of tracheostomies
Week 5	Vitals signs
Week 6	Pain assessment and management
Week 7	Process of care – Pre-op and immediately post-op
Week 8	Day to day care of a child in hospital with a tracheostomy
Week 9	Empowering the principle caregiver
Week 10	Long-term care of a child with a tracheostomy