

# CARING FOR CARERS OF PERSONS WITH INTELLECTUAL DISABILITY

## 19<sup>TH</sup> MARCH 2019

Join the UCT Department of Psychiatry and Mental Health Social Responsiveness Committee for this event in celebration of Intellectual Disability Awareness Month



10:30 - 11:00  
11:00 - 12:10

### Registration Caregiver Perspectives

- Western Cape Forum for ID – Carer training course
- Iris House - Respite Care Services
- Sibongile Day & Night Care Centre- Lessons on starting special care centre: A parent's story
- Cape Mental Health - Caring for your child, caring for yourself

12:10-12:30  
12:30-13:30

### Tea break Lunchtime Lecture

- Siyabulela Mkabile - Supporting Parents of Young Children with Intellectual Disability
- Dr Charlotte Capri - Supporting Carers in Group Homes for Adults with Intellectual Disability

A chance to connect with others in the field of Intellectual Disability

All Welcome!

Event is free!

CPD points available

Refreshments on sale from carer-led employment initiatives for young people with Intellectual Disability

Seating limited to 120 so arrive early to avoid disappointment

#### VENUE:

Education Building, Valkenberg Hospital, Observatory

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