



DESMOND TUTU HEALTH FOUNDATION

Adolescent Health: Taking Evidence into Implementation online short course



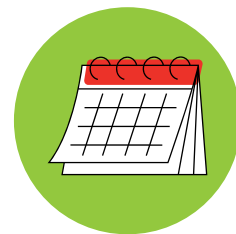
offered by the Desmond Tutu Health Foundation
in collaboration with the University of Cape Town Health Sciences Faculty



10 weeks



**3 hours per week,
entirely online**



Weekly modules

Adolescent Health: Taking Evidence into Implementation

Online Short course offered by DTHF in collaboration with UCT Faculty of Health Sciences



Course Convenor

Biography

Prof Linda-Gail Bekker (MBChB, DTMH, DCH, FCP (SA), PhD) is the Director of the Desmond Tutu HIV Centre at the Institute of Infectious Disease and Molecular Medicine, UCT and Chief Executive Officer of the Desmond Tutu Health Foundation. She has led numerous investigator driven studies in HIV treatment, prevention and tuberculosis.

 **A+**
rated scientist

 **>700**
peer-reviewed papers

WHY THIS COURSE



Adolescence is a critical transitional phase where the foundations for future health and well-being are laid. With the unique challenges that young people face in SSA, there is a pressing need for targeted interventions that address both the biological and social determinants of health. This course bridges the gap between theory and practice, enabling you to translate evidence into action effectively.

SOLUTIONS



The AHI short course replaces an Adolescent and Youth Health Policy (AYHP) short course which successfully ran in 2018 - 2019. We are reintroducing the course in 2024 with a greater focus on implementation science. Each week of the course, participants must complete assigned pre-readings and watch three pre-recorded presentations of approximately 20 minutes each before the live weekly discussion sessions.



**Expert
Lecturers**



**In-Depth
Modules**



**Flexible
Learning**

AIMS



1

Aim One

To train research and implementation staff in southern Africa's government departments, non-governmental organizations, and research institutions.

2

Aim Two

To promote the understanding of implementation science and its values.

3

Aim Three

Build the capacity to implement proven interventions more effectively.

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TARGET AUDIENCE



Early career researchers with a minimum B Degree in health and social sciences

COURSE START DATE



07 October 2024

REGISTRATION DATES



16 September 2024 - 27 September 2024

PRICE



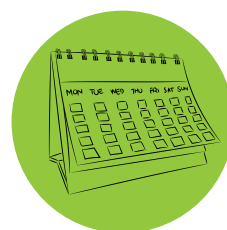
R6500



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Weekly modules

COURSE CURRICULUM

- Module 1:** Explore the social determinants of health during adolescence and discover how to influence positive health outcomes in disease-burdened communities.
- Module 2:** Delve into the sexual and reproductive health needs of adolescents, focusing on age-appropriate information and services
- Module 3:** Learn how implementation science accelerates the integration of evidence-based interventions into healthcare policies and practices.
- Module 4:** Understand the transition from theoretical frameworks to practical application in implementation research and practice.
- Module 5:** Examine structural-level factors affecting adolescent health and explore interventions to mitigate these challenges.
- Module 6:** Explore the complex relationship between lifestyle, cognitive development, and various health factors affecting adolescents.
- Module 7:** Gain in-depth knowledge about the mental health issues, substance use, and injury risks faced by adolescents in SSA.

Session List

Over the duration of this online short course, you'll work through the following sessions:

- Health situation of young people in South Africa
- Frameworks for responding to the needs of the adolescents
 - HIV, STIs and TB
 - Sexual and reproductive health
- Comprehensive sexual education (policy and implementation)
 - Scaling up youth health services
- Introduction to Implementation Science: Fundamentals to Implementation Science
 - Implementation science intervention planning
 - Implementation science in adolescent health care
- Improving implementation of evidence-based interventions in the field: The Wits/UCT/UNC D43- examples from the field.
 - Implementation science impact evaluation and frameworks
 - Community engagement
 - Schools as centres for adolescent health promotion
 - Adolescents as young parents
 - Support systems for young families
 - ART, weight gain and treatment adherence
 - Nutrition, lifestyle and physical activity
 - Integrating adolescent healthcare services
- Mental health issues affecting adolescents: Gaps and support services
 - Substance use in adolescence
 - Gender-based violence among adolescents



CERTIFICATES



A Digital Certificate of completion will be issued for the Course following your successful completion of the course in accordance with the stipulated requirements for the award of a certificate. Your certificate of completion will be issued to you in your legal name and to the email address that you provide to us during the registration process.

TERMS AND CONDITIONS



We encourage you to read these terms carefully, and to contact us if you have any questions. By using our services or registering for the course, you agree to be bound by these terms. If you do not agree to be bound by these terms, or you are not able to enter into a binding agreement, then you may not register for the course or use our services .



PAYMENT PROCESS



Payment of course fees can be made via the UCT PayU platform: <https://payments.uct.ac.za/professional-development/>. In cases where the PayU platform fails or is not available, please email us at adol.shortcourse@hiv-research.org.za and we will provide UCT bank details for payment via EFT.

We reserve the right to cancel the course if there is insufficient demand, as determined by us in our sole and absolute discretion. In this case, you will receive a full refund, but no interest will accrue on any amounts refunded to you and any applicable bank charges will be offset against the refunded amount.



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IYUNIVESITHI YASEKAPA • UNIVERSITEIT VAN KAAPSTAD

