Autism resources during lockdown

iSchoolAfrica
Inclusion Programme

THINK AHEAD
education solutions

Apps to create your own Social Stories

App Name	Cost	App Description
Social Story Creator & Library	Free	An amazing app for easily creating, sharing and printing educational social stories, visual schedules, and beautiful memories.
Pages	Free	Pages is the most beautiful word processor you've ever seen on a mobile device. Start with an Apple-designed template to instantly create gorgeous reports, digital books, CVs, posters and more. Or use a blank document and create your own design. Easily add images, movies, audio, charts and shapes.
Keynote	Free	Keynote is the most powerful presentation app ever designed for a mobile device. Built from the ground up for iPad, iPhone and iPod touch, it makes creating a world-class presentation – complete with animated charts and cinematic transitions – as simple as touching and tapping
Social Story Creator & Library	Free	An amazing app for easily creating, sharing and printing educational social stories, visual schedules, and beautiful memories.

Book Creator	R 79,99 (Free collaboration upgrade during COVID-19)	With over 30 million ebooks created so far, Book Creator is ideal for making all kinds of books, including children's picture books, comic books, photo books, journals, textbooks and more.
Pictello	R289.99	Everyone loves to tell fun, engaging, and imaginative stories. Go ahead and make a social story or visual schedule for a child with autism or a slide show of holiday pictures for your friends - Pictello makes it a breeze to create and share! Whether you use the included natural-sounding Text to Speech voices, or record your own voice, Pictello is the perfect tool for visual storytelling.

Already Created Social Stories

Corona Virus Social Story - Little Puddins
Corona Virus Social Story - Easter Seals
Corona Virus Social Story in Makaton - Aut2know
Handwashing Social Story - Autism Research Institute

Apps to create routines

App Name	Cost	App Description
Can Plan	Free	CanPlan promotes independence and builds confidence by helping people with cognitive challenges complete tasks successfully. Virtually any activity can be broken into a sequence of easy-to-follow steps, illustrated by photos and reinforced with optional text and audio. Scheduling and reminder features ensure each task gets done on time.
First Then Visual Schedule	Free	First-Then visual schedule application is designed for caregivers to provide positive behavior support. For individuals with communication needs, developmental delays, Autism or those who benefit from a structured environment; visual schedules serve to increase independence and lower anxiety during transitions through different activities.
Choiceworks Calendar	R 79,99	The Choiceworks Calendar is a powerful picture-based learning tool that helps children learn what is happening day-to-day throughout each month. By presenting the abstract concept of time in a structured, visual format, Choiceworks Calendar helps children organize their lives as well as understand sequence and time.

Choiceworks	R 180	The Choiceworks app is an essential learning tool for helping children complete daily routines (morning, day, & night), understand & control their feelings and improve their waiting skills (taking turns and not interrupting). Created with the support of leading hospitals and child development specialists, this app is designed for caregivers to provide clear and consistent support to foster a child's independence, positive behavior, and emotional regulation at home and in the community
Pictello	R289.99	Everyone loves to tell fun, engaging, and imaginative stories. Go ahead and make a social story or visual schedule for a child with autism or a slide show of holiday pictures for your friends - Pictello makes it a breeze to create and share! Whether you use the included natural-sounding Text to Speech voices, or record your own voice, Pictello is the perfect tool for visual storytelling.
iCommunicate	R 915,45	iCommunicate is an efficient planning and communication tool that allows you to add visual schedules using customizable routines, communication boards, flash cards, speech cards, choice boards and much more.

Already Created Routines

Schedules and visual support - Distance Learning for Special Education

Mindfulness Apps and Calming Routine Apps

App Name	Cost	App Description
Breathe, Think, Do with Sesame	Free	This is a resource app for you to share with your child to help teach skills such as problem solving, self-control, planning, and task persistence.
Headspace: Meditation & Sleep	Free during Covid-19	Get happy. Stress less. Sleep soundly. Headspace is your guide to everyday mindfulness in just a few minutes a day. Choose from hundreds of guided meditations on everything from managing stress and anxiety to sleep, productivity, exercise, and physical health – including short SOS meditations for when you're on the go.
HelloMind	Free	HelloMind helps you battle problems like stress, bad sleep, weight gain and low self-esteem. Choose a treatment, then relax and listen to the sessions. HelloMind helps you take back control from negative emotions, cravings, fears and bad habits and it can improve your motivation and enjoyment of life.

Mindfulness for Children App	$5,99	The Mindfulness for Children app introduces your family to the practice of meditation. Included are guided meditations to help your child gently process their experiences. They will learn to use breathing to restore emotional balance and to locate and release emotional stress in the body.
Managing a distressed child - Calm Counter	R49.99	Calm Counter is a visual and audio tool to help people calm down when they are angry or anxious. The app includes a social story about anger, and audio/visual tools for calming down.
Calm	$69.99 - 7 Days free	Calm is the perfect mindfulness app for beginners, but also includes hundreds of programs for intermediate and advanced users. Guided meditation sessions are available in lengths of 3, 5, 10, 15, 20 or 25 minutes so you can choose the perfect length to fit with your schedule.

Therapeutic Apps

App Name	Cost	App Description
Sensory Electra	Free	Electra is a simple stimulating app for people with special/ complex needs of ALL ages. It is visually stimulating and suitable for a range of abilities.
Sensory Speak up	Free	Sensory Speak Up is a visually stimulating simple game style app that responds to sounds. Speak Up can be used to encourage children to vocalise and make sounds, either through the internal microphone or via and external microphone.
Dexteria Jr. - Fine Motor Skill Development	$3.99	From the makers of award-winning Dexteria, Dexteria Jr. is a set of hand and finger exercises to develop fine motor skills and handwriting readiness. The activities are specially designed for kids age 2-6. New characters, sprite animations, music, and sound effects all add up to a fun and engaging experience for toddlers and preschool-aged children.
OT Super Bundle - Dexteria		Favourite apps among OT's
Dexteria - Fine Motor Skills	$5.99	Dexteria turns your iOS device into a therapeutic tool that improves fine motor skills and handwriting readiness in children and adults.
Dyslexia Quest	$9.99	Climb the mountain and play the yeti games. Each game will test memory and learning skills. The Yeti Master will explain signs of dyslexia.

*Prices are subject to exchange rate

Communication Apps

App Name	Cost	App Description
Pavlik	Free	The application for teaching children with autism, cerebral palsy, speech delay and mental retardation. Show your child consistently all the videos with a demonstration of actions. Then through the button SAY, explain to the child what to do to voice their desires. Teach your child to express their desires. The game for autists, autism communication, autism communicator.
Communication Boards ChoiceBoards Creator	R39.99	ChoiceBoard Creator is the perfect app for creating customizable choice boards for the unique needs of individuals with communication challenges. It reinforces correct choice by either playing a video reward or expanding the selected image and playing the customized auditory rewards.
Prolqou4text	$119.99	Proloquo4Text™ is a text to speech app for those who cannot rely on their voice to speak. The app is laid out on a single screen to reduce the effort of typing. The layout enables easy, daily conversation and quick access to your most common phrases. Personalize it to your needs and preferences, whether that's through choosing from the many voices available, or through customizing your screen layout.
Proloquo2go	$249,99	Tap images. Type words. Speak. Proloquo2Go is an easy to use communication app for people who cannot speak or need help being understood. Featuring natural sounding voices, including real children's voices, Proloquo2Go is a simple yet powerful AAC (augmentative and alternative communication) tool.

Journaling Apps

App Name	Cost	App Description
Autism Tracker Lite	Free	Autism Tracker can be life changing for families with a child on the spectrum. Explore Autism. Track what matters to your child and your family. Use the visual calendar and multi-item graphs to view and discuss patterns. Share individual events or entire screens with your team using Dropbox, email. Now, track several persons on one device.
Autism Tracker Pro	R 182,34	Autism Tracker is a life changing app for families having kids with Autism. This app helps you track the elements that matter to the development of your autistic child. You can use multi-item graphs, visual calendars, and discussion patterns to help you orga- nize a day in life of a child with autism.

Support groups and pages (Facebook)

Think Ahead
iSchoolAfrica
#Couchtoclass
Autism South Africa
Special Education And Distance Learning
Autism Resources South Africa
Autism Support Group South-Africa

For more information and support please feel free to contact us directly

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