

“Lift as you rise,”

**“Poverty breaks
hearts”**

**“No one should die of
rheumatic heart disease
– it’s preventable”**

**“ Make your research
beyond yourself ,”**

**“Work where angels
fear to tread,”**

“Dare to dream,”

**“Enough room
under the African
sky for everyone,”**

**“ There is no
problem that hard
work can't solve ,”**

**“Your work must
speak for itself,”**

**“An agenda for
Africans by Africans,”**

**“ Growing our
own timber ,”**

**“ There is no
problem that hard
work can't solve ,”**

“Success is formulaic,”