



School of Public Health and Family Medicine
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Departement Openbare Gesondheid en Huisartskunde



UNIVERSITY OF CAPE TOWN
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Summary Introduction to palliative care PPH 4061CE

The Introduction to palliative care has been developed as an e-learning course and will be presented by the Hospice Palliative Care Association and the University of Cape Town on the UCT Vula platform.

Each module requires 5 hours of teaching and learning. Each module is covered in a 2 week period. Candidates will complete the course within 4 month period.

Course content is presented using the following methods:

- 1) Powerpoint with voice-over to introduce the topic and concepts
- 2) Essential reading – articles, book chapters or handout summary of core topics
- 3) Videos relating to core concepts

Learning is assessed through MCQs and/or Extended Match Questions (EMQs) and contribution to the discussion forums.

Additional references are provided as resource material to assist learners to implement new knowledge and skills in the workplace.

In addition, tasks to enhance communication skills will be posted with each module.

Course content:

Module 1. Principles of Palliative Care

Module 2. Ethical Principles in Palliative Care

Module 3. Communication skills in Palliative Care; Breaking Bad News and Building Hope

Module 4. Pain Assessment and Management

Module 5. Symptom Management

Module 6. Psychosocial aspects of palliative care; family support

Module 7. Culture, Spirituality and Sexuality

Module 8. Teamwork, Care of the Caregiver and Resilience

To apply contact ce.administration@uct.ac.za