**Occupational Medicine Clinic, Division of Occupational Medicine, Groote Schuur Hospital**

**Head:**    Dr Shahieda Adams, MBChB, MFamMed, DOH MMed (OccMed), FCPHM(SA) (OccMed), PhD

**Specialist consultant:**  Dr Amy Burdzik, MBChB, MMed, FCPHM(SA)(Occ Med)  
  
The Clinic provides comprehensive clinical services to persons suffering or suspected to be suffering from ill-health or disease attributable to occupational exposure. These conditions include respiratory, skin, musculoskeletal and neurological conditions, among others.     
  
Typical exposures bringing patients to the clinic are workplace dusts and fibres, gases and fumes, chemical substances, biological agents or allergenic substances, metals, plastics and oils, ergonomic factors such as high load or  repetitive work or postural stress as well as physical agents such as excessive cold and vibration.

The service covers exposure assessment, clinical diagnosis, treatment, management of workplace factors where possible, assistance with workers’ compensation,  rehabilitation and incapacity assessment (in collaboration with other specialities).  Medical benefit examinations under the Occupational Diseases in Mines and Works Act are provided.  
  
Referrals are welcome from any health professionals in public or private practice, including cross-referrals from other specialities.  
  
Referrals are also welcome from other parties involved in occupational health and safety (e.g. Departments of Labour and Minerals, unions and workplace officials or managers). Such referrals need to be discussed in advance with a member of the clinic, contactable via Reception (see below).  
   
Patients need to arrive with a  referral letter plus as much relevant documentation or previous medical reports or x-rays as are available.

**Venue**:                                        E16, Groote Schuur Hospital (New Main Building), Observatory  
**Time**:                                          Tuesday mornings, 08h00-12h00, by appointment only  
**Appointments**:                         Email:  [occmedclinic@uct.ac.za](mailto:occmedclinic@uct.ac.za) (include referral letter and all relevant documentation)  
                                                    Tel:  021 404 4369 (Specify “Occupational Medicine”)  
**Documentation may be sent by**:  Email:  [occmedclinic@uct.ac.za](mailto:occmedclinic@uct.ac.za) (or) Fax: 021 404 6390 (Marked clearly for Occupational Medicine)

**Occupational Dermatology Clinic, Division of Occupational Medicine, Groote Schuur Hospital**

**Specialist consultant:**  Dr Amy Burdzik, MBChB, MMed, FCPHM(SA)(Occ Med)

This is a joint clinic with the Division of Dermatology at Groote Schuur Hospital. The Clinic provides comprehensive clinical services to persons suffering or suspected to be suffering from skin conditions attributable to occupational exposure.

Typical exposures bringing patients to the clinic are irritant exposures at work (wet work, work with solvents and wearing occlusive gloves) or exposure to common allergens such as preservatives and rubber additives.

The service covers exposure assessment, clinical diagnosis, treatment, management of workplace factors where possible, assistance with workers’ compensation, rehabilitation and incapacity assessment.

Referrals are welcome from any health professionals in public or private practice, including cross-referrals from other specialists.

Referrals are also welcome from other parties involved in occupational health and safety (e.g. Departments of Labour and Minerals, unions and workplace officials or managers). Such referrals need to be discussed in advance with the specialist consultant, contactable via Reception (see below).

Patients need to arrive with a referral letter plus as much relevant documentation or previous medical reports as available.

**Venue**:                                        G23, Groote Schuur Hospital (New Main Building), Observatory  
**Time**:                                          Two Tuesday mornings per month  08:00-13:00, by appointment only  
**Appointments**:                            Tel:  021 404 4369 (Specify “Occupational Dermatology”)  
**Documentation may be faxed**:   Fax: 021 404 6390 (Marked clearly for Occupational Dermatology)