



Western Cape
Government

Health

MITCHELLS PLAIN HOSPITAL

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INTRODUCTION TO THE MITCHELLS PLAIN ORTHOPAEDIC SURGERY DEPARTMENT(PLAIN ORTHOPAEDICS)

Dear undergraduate elective student,

The department of Orthopaedic Surgery takes all undergraduate elective applications through the UCT office only.

Plain Orthopaedics is a district sized, highly active and vibrant Unit led by 2 full time consultants (Dr NJ Kauta, Dr S Swanepoel) 3 medical officers and supported by the UCT Orthopaedic registrars on a daily basis.

The Unit runs daily inpatients rounds, outpatient clinics and surgical lists.

Our main focus is the operative and non-operative management of traumatic fractures.

This is complemented by a modest elective surgical practice providing hip and knee replacements, shoulder and knee arthroscopy, selected foot and ankle procedures.

The unit processes a monthly average of 74 surgical cases, 146 fracture closed manipulations.

Daily bedside tutorials and Friday morning meetings will enrich your understanding or orthopaedic trauma.

At the end of your time with us you should be able to:

- Fully assess a patient with a traumatic fracture
- Apply an upper and lower limb long or short casts for fracture management.
- Understand basic indications for surgical management of fractures.

You will be allowed to observe surgical procedures at your request.

We look forward to welcoming you to our Unit should your application become successful.

DR NJ Kauta

Head of Orthopaedic services, Mitchell's Plain Hospital.

