

Chapter 7: Sexual Orientation | Exercise 7

'USE ANOTHER WORD'



Homophobia Discrimination Heterosexism LGBTQ Social norms Values Bullying Stereotypes Violence

Sexual identities



1. To identify the harmful effects of using homophobic slurs. 2. To empower learners to act against homophobia in their own lives and in school.





Hand-out: 'Use Another Word' article (provided)

PROCEDURE

- 1 Give learners copies of the 'Use Another Word' article. Ask them to read it carefully and underline or highlight the main points and arguments of
- Discuss the article with the class. These questions may be useful in guiding the discussion:
 - **a** How did the 'Use Another Word' campaign start?
 - **b.** Do you think that the campaign was successful?
 - C. Who drove the campaign to ensure that it happened? What does this say about the ability of learners to empower themselves and create
 - d. Do you think that homophobic and discriminatory language is a problem at your school? If you were to take a survey at your school on usage of this type of discriminatory language, what do you think you would find?
 - **e.** What happens when no one speaks out against discriminatory and homophobic language? What happened when the learners in this article
 - What is heterosexism? In what way was it relevant to the article?

HETEROSEXISM: is an attitude that assumes that heterosexuality is the norm and believes that heterosexuality is superior to other sexual orientations. Heterosexism means people who do not identify as heterosexual are marginalised and 'othered'.

g. What is homophobia? What examples of homophobia were presented in the article?

HOMOPHOBIA: is an irrational fear and hatred of sexual minorities (LGBTQ people). Homophobia can be institutionalised in antigay laws, policies, and by the formal opinions of church and state. Homophobia results in people being excluded from social spaces. Homophobia is used as an excuse for verbal abuse, physical violence and even murder.

h. How can heterosexism, through the use of homophobic comments, affect LGBT learners in school? How can it affect LGBT people in society as a whole?

Explain that LGBT teens are marginalised and bullied through derogatory language, name-calling, and teasing, which can lead further to violence against LGBT people. Bullying can be verbal or physical, and LGBT teens are beaten up very regularly in and outside of school. Many LGBT people are isolated and rejected by mainstream society, often even by

the people to whom they are closest. LGBT people, especially youth, are understandably afraid to 'come out' (reveal their sexual orientation) to others.

- Can you give examples of discrimination and heterosexism, other than the use of discriminatory language, that occur in schools and communities? Can learner campaigns work to change these trends?
- Do you think that awareness campaigns can have positive effects on changing social norms and cultural values? Why or why not?
- **K.** This article was written in 2007. What is the situation in your school: do you think that learners use far too much offensive language, or have they become more sensitised?
- Can you think of any examples in South Africa where learners started similar campaigns in their high schools?
- Mhat would you need to start a campaign like this in your school?

TEACHER TIPS



General

Teachers should make sure that learners clearly understand the meaning of heterosexism and its effects within schools and communities. When learners are creating their own campaign ideas, push them to reflect on the particular problems that they see in their own school or classrooms.



Making the Link with Gender and Violence

LGBT teens are marginalised and bullied through use of derogatory language, name-calling, and teasing, which can lead further to violence against LGBT people. Bullying can be verbal or physical, and LGBT teens are beaten up very regularly in and outside of school. Learnerled campaigns against bullying and homophobic language can work towards breaking down stereotypes and creating a less hostile and violent atmosphere for LGBTQ learners, (who might then ultimately be comfortable and open about their sexual identities).



Assessment Ideas

Learners can be tasked to design a campaign which can be implemented in school to address harmful homophobic slurs that are commonly used. The campaign ideas should be clearly written and explained, and should detail what they would like to accomplish, how they will accomplish it, and the resources that they would need to implement the campaign.

USE ANOTHER WORD

by Nancy Meltzoff Spring 2007 www.safeschoolscoalition.org

At Springfield High School, the bell between third and fourth period rings and 1,450 learners pour into crowded hallways. The learners congregate, joke, and jostle with one another. Michael, a sophomore wearing headphones and a blue sweatshirt, knocks into Chris's backpack, and Chris calls out, "Watch it, fag!" An English teacher standing in the doorway overhears the disrespectful language. She sighs, thinks about interrupting the banter, and then smiles as she realises she doesn't need to say anything. A third boy, uninvolved, hears what happened. "Hey, Michael," he says, "use another word, please, OK?" A typical response? Hardly. It occurs at Springfield High School, in Springfield, Oregon where the "Use Another Word" campaign is in its second year.

How 'Use Another Word' Started

"Use Another Word" is a learner-led initiative to decrease the use of disrespectful language on this diverse, suburban campus. Approximately 27 percent of the learners identify as learners of colour, mostly Latino, in a county that is predominantly white. In 2004-5, nearly 50 percent of the learners qualified for free or reduced lunch. The campaign has its origins in an incident in September 2005. Joey Palermo-Silence, then a sophomore, was sitting in math class and a boy behind him said, "This is gay." Joey, who had long been bothered by such remarks, turned and said, "Use another word, please." Other learners in the class chimed in, "Yeah, use another word!" The boy responded, "My bad. Sorry if I offended anybody." Later that week, Joey was in the office of Carmen Gelman, the assistant principal, as part of a Learner Advisory Committee formed during the summer. Gelman, the first Latino administrator in the district and a strong advocate of a school culture respecting all learners, had told the 15 or so learners present that the committee was to give learners a voice in what happened at school. The message was, "If you don't like what is going on, you have to find solutions, not just complain." At the meeting, junior Adam Davis, who self-identifies as European and homosexual, said, "I'm so tired of hearing kids say things like, 'That's so gay... 'faggot'... and racist comments." Joey, who describes himself as white and Native American, told the story of his interaction in math class. It was like a tiny rock thrown into a still pond. Learners wanted to expand on Joey's initiative and talked about a schoolwide campaign. The principal supported the idea and the learners decided to do some preliminary research. That November, members of the Learner Advisory Committee fanned out into the hallways, classrooms, and outside around the school with clipboards. For two weeks, they tallied the kinds of disrespectful language they heard. The learners separated the tallies into five categories that they had previously identified: racist, sexist, homophobic, able-ist, and foul language. (Some learners did not understand the term able-ist, which the committee then defined as derogatory comments about mental or physical disabilities.) Those taking tallies were a racially diverse group of freshmen, sophomores,

and juniors, both male and female, who self-identified as biracial, Caucasian, Asian-American, and African-American. During the tallying, learners noted 80-90 racist comments; 30-40 sexist comments; 30-40 able-ist comments; and 50-60 homophobic comments. They tallied only about 20 instances of foul language, but Adam noted that they hadn't really focused on foul language, as they were more interested in discriminatory or derogatory language. After the tallying, the Learner Advisory Committee agreed to start a campaign, which turned into their biggest project of the 2005-6 school year. First, they came up with their kick-off plan. Adam took leadership, ordering buttons, and Jennifer Lam designed a poster. Sylvan Edmonson came up with a pledge for learners and teachers to sign. Her idea was: if you want a button, you have to sign the pledge.

| I a. | m signing this |
|---|-----------------|
| pledge to stop the use of language that is | racist, sexist, |
| able-ist, homophobic, or is offensive and | derogatory to |
| any other learner, teacher, staff member, or | administrator |
| at Springfield High School. I will accomplish | n this goal by |
| wearing my "Use Another Word" button and | l encouraging |
| other learners to sign the pledge and become | ne aware, like |
| I have, that the words I choose do affect oth | er people and |
| the overall environment in the school. I will | also consider |
| becoming involved in the Learner Advisory Co | ommittee and |
| help to make SHS a safe and diverse place. | |
| | |
| | |

Signed:

Assistant Principal Gelman held an all-staff meeting so the learners could tell the teachers how they could support the campaign. "We hear these things in the school, and a lot of times no one says anything," explained one learner. They showed the teachers the tallies and Adam Davis said, "From now on, if you hear disrespectful language, we'd like you to say, 'Use another word, please.'" While the Learner Advisory Committee discussed listing words learners could use instead of disrespectful put-downs, they decided not to do so because they didn't want their peers making up new discriminatory words. They wanted to give a simple and clear message: If you're being disrespectful, you're acting the fool. The campaign started with a kick-off day in January. During the next week, members of the Learner Advisory Committee staffed a table in the courtyard where learners could sign the pledge and get buttons. Word spread quickly; Adam had ordered 400 buttons and the committee gave out most of them that first day.

The learners also plastered the campus with colourful posters that read, "Use Another Word" in large letters, followed by "Help Prevent Discrimination" and the text, "When you hear a degrading word from another person, just react with the simple phrase, 'Please use another word!"

Responses to 'Use Another Word'

What was the response? Some learners supported the campaign, even describing it as cool. But there was also initial resistance and backlash. Joey estimated that about 40 percent of learners were supportive and 60 percent were resistant. Some, for example, claimed the program constituted "school censorship of language." Others said, "This is dumb." Some substituted a different disrespectful word — for instance, if a learner used the word "gay" and someone said, "Use another word please," the offending learner might respond, "OK, fag." Other learners emphasised the foul language aspect of the pledge, saying, "I can't get a button because I know I'm going to cuss and I can't stick to it." Others cussed more to see what would happen. The learner-leaders were prepared for this. "A lot of what I'm trying to do is get people to use more intelligent words to express their emotions," Adam said. "...Not just say 'Use another word' - say 'Use another word' and say why. Have a little conversation with them. A lot of hatred comes from un-education." For example, Adam recalled a conversation with a fellow learner:

"That's so gay."

"Use another word, please. Is it gay?"

"No, but it's stupid."

"Then you think that homosexuality is stupid?"

"Homosexuality isn't stupid — just this assignment."

"Well, then, it's not gay, you need to say what you mean."

loey remembered that he received a lot of ridicule at first. Guys on his athletic team regularly used words like gay, Jew, and retarded in a derogatory manner. But the members of the Learner Advisory Committee kept exerting positive peer pressure and repeating that disrespectful commentary was not welcome in the school. Some learners claimed that due to freedom of speech, they had the right to use any words they wanted. Members of the Learner Advisory Committee, especially those who had taken government class, countered that the U.S. Supreme Court had ruled that offensive or derogatory words directed towards a minority group are considered fighting words; at a school, fighting words create a hostile environment and are thus not constitutionally protected free speech. Many learners supported the campaign, especially in the area of racist, sexist, homophobic, and able-ist comments. Some responded, "Oh, sorry," or began to use the generic — and less offensive — jerk or stupid. The learner leaders met and decided that even though they thought stupid could be considered able-ist, they would let it slide in the interest of cooperation. As time went on, most of the learners who had been resistant toned down their outward criticism of the program. Although they might not have visibly supported the program by wearing buttons, they kept quiet and didn't push the issue.

The Impact of 'Use Another Word'

The ability to say, "Use another word, please" gave power and support to learners who were offended by derogatory put-downs but who may not have wanted to say anything out of fear of repercussions. Because of the campaign,

a critical mass of support formed at the school, which made it safe to speak up. It turned out that "there were lots of kids who were bothered by this," Gelman said. The campaign has also given learners a positive experience in social activism. A group of young people, with the support of the adults around them, tried to change things and their actions had a visible impact. "There is a discussion about racial remarks and the fact that it's happening among the kids is wonderful," Gelman said. "I know that many times the discussion doesn't even happen among adults. It's not always pleasant — sometimes it's painful." Teacher James Mattiace said he has noticed a decrease in the number of fights at the school, and that learners are being nicer to each other. District data supports this conclusion: Suspensions went from 318 during 2004-5 to 142 in 2005-6. Suspensions for fighting dropped from 86 to 38, and suspensions for defiance from 176 to 11. "It works," Mattiace said of the campaign. "We're giving kids tools so when they're offended they can clearly express the fact that they're not happy with what was said." While learners initiated and led the campaign, the support of Gelman has been important. The daughter of a Mexican mother and Russian-Romanian-Jewish father, Gelman has "street credibility" with the learners. Following a troubled adolescence, she went on to get a college degree, and worked in human services and juvenile corrections before becoming a school administrator.

Reaching into the Future

When learners launched their "Use Another Word" campaign in the fall of 2006, Joey noticed that the incoming learners were very supportive. "We set up a table during freshman orientation," he said, "and the freshmen really took it in, which is really good. They would ask me about the buttons and I would tell them about it and they'd say, 'That sounds pretty cool' and then they'd go get a button." At the end of September, the Learner Advisory Committee held another promotional week for "Use Another Word." For three days, members of the SAC sat in the booth, encouraging learners to take the pledge and wear the buttons. Adam observed that about every fifth person in the hallways had on a button, and every classroom had a poster. Joey commented that, "I haven't heard the words being thrown around as much." The SAC is planning more promotions this year to keep the campaign alive, and this year's juniors have promised to provide leadership next year. "Use Another Word" continues to be successful due to the enthusiasm of the entire school community, from learners to teachers, staff, administrators, school board members and parents. More important, the young people spearheading the campaign have learned an essential lesson about the importance of social activism. They have become that "small group of thoughtful, committed people" that Margaret Mead said can "change the world."