

FACULTY OF HEALTH SCIENCES, UNIVERSITY OF CAPE TOWN

NEWSLETTER December 2006

Retirees 2006

David Beatty [Paediatrics]



David Beatty has spent 39 years at UCT as a paediatrician and clinical immunologist, becoming Professor of Paediatrics and Child Health in 1991, with a stint as Acting Dean in 1998. He has been a highly effective facilitator, and a wise and insightful counsellor, mentor and friend to many. Among much else, he initiated and has guided the development of the extraordinarily successful Children's Hospital Trust.

Monica Ferreira [Institute of Aging]



Professor Monica Ferreira pioneered research in gerontology in Africa. She headed the Human Sciences Research Council's (HSRC) Centre for research on ageing and was the founding Director of the HSRC/UCT Centre for Gerontology in 1991. She was instrumental in establishing the Albertina and Walter Sisulu Institute of Ageing in Africa (IAA) and its subsequent admission to the International Longevity Centre (ILC) Alliance in 2005, one of only 7 centres outside the USA and the first such centre in Africa. Through her research, she has raised awareness on issues of ageing at social, health and political levels, insinuating dialogue and directing policy nationally and internationally. Her expertise earned her an advisory capacity on numerous national and international bodies. She has been a mentor to many students and colleagues and an asset to UCT and further a field.

Max Klein [School of Child & Adolescent Medicine]

Max Klein started the first paediatric respiratory service and the first comprehensive paediatric ICU in South Africa, and in the following 25 years trained many of the leading paediatric intensivists in the country. He has been an astute clinician, a technical innovator, a compelling teacher, a creative and challenging thinker, and an outspoken critic of injustice and discrimination.

Tuviah Zabow [Psychiatry]

Tuviah is truly a UCT person, having been an undergraduate student here, done his registrar training here, and having been appointed to a range of positions in Psychiatry and the Faculty including Head of Psychiatry, and Chairperson of the Ethics Committee. He has made important contributions to the SAMA, to national and international bodies, and to the Colleges of Medicine of South Africa. A major contribution has been to student support.

Tony Murray [Ophthalmology]

Tony Murray did both his undergraduate and postgraduate training at the University of the Witwatersrand, after which he went into private practice. He was appointed to the Chair in Ophthalmology at the University of Cape Town in 1985. His special area of expertise is in adult strabismus. Professor Murray has received numerous national and international honours and awards, and has held office of several local and international associations and societies. He is a popular invited speaker, and has delivered guest lectures in most parts of the world.

Heinz Rode [Paediatric Surgery]



Heinz Rode became the second Charles FM Saint Professor of Paediatric Surgery in 1997. He has published prolifically and held senior positions in the World Federation of Paediatric Surgeons and the European Club for Paediatric Burns, among others. He has led from the front with boundless energy and enthusiasm, much of which is transferred onto those working around him. His legacy is a young vibrant

Division of his trainees.

Rob Scott-Millar [Cardiology]



Rob joined the Cardiac Clinic as a consultant in 1984, and over the next 22 years developed his interest in electrophysiology and cardiac pacing, when these were in their infancy. He can be regarded as the father of this speciality in this country. He initiated and guided arrhythmia surgery, as well as establishing electrophysiological mapping and ablation. He has trained many cardiologists who have proceeded to highly successful careers.

Lutz Thilo [Medical Biochemistry]

Lutz joined this Faculty as an Associate Professor in 1988. His interest in the last decade has focussed on phagosomes in mycobacteria, leishmania and trypanosomes. He has had a major commitment to undergraduate teaching, where his ability to simplify biochemical concepts has been greatly appreciated.

Colin Sinclair Smith [Anatomical pathology, SCAH]

Colin Sinclair Smith joined the Department of Anatomical pathology as a registrar in 1967, has been a specialist at Red Cross Children's Hospital for 34 years and head of paediatric pathology since 2000. He has published extensively and his expertise in all fields of paediatric pathology is widely recognised and will be greatly missed.

Class of 2006! Distribution of results 28/11



Donations to Faculty

Karl Storz endoscopy

Dr Sybil Storz, owner of Karl Storz Endoscopy, has donated R2m of endoscopic surgery equipment to the Division of Otolaryngology. Groote Schuur and Red Cross Children's Hospitals are now arguably the best equipped ENT units in the country, including the private sector. Dr Darlene Lubbe spearheads the endoscopic sinus surgery program, and has run courses in Zimbabwe and Cape Town, and will be running courses in Uganda, Senegal, and Cape Town in 2007. New equipment permits endoscopic management of salivary ductal pathology eg strictures and calculi, and endoscopic treatment of pharyngeal pouches. Dr Storz also funds the UCT Karl Storz Fellowship for Advanced Head and Neck Surgery. The UCT Karl Storz Training Center for Sub-Saharan Africa conforms to the mission of the Division of Otolaryngology to improve the quality of ENT in Africa.



Graham Beck donation to cervical cancer research

Graham Beck, a UCT graduate, and major businessman has made a substantial donation to the Cervical Cancer Research Programme (CCRP) headed by Professor Lynette Denny. The evening was hosted by Professor Cheryl De La Rey who congratulated and thanked Graham Beck for his generosity and support for research and capacity development at UCT. She also acknowledged Lyn Denny and her team's contribution to research at UCT. The keynote address was made by former Vice-Chancellor Mamphela Rampole, who acknowledged Lyn Denny and her team for combining high quality science dedicated to service to the community and to tackling issues that directly affect the lives of women in Africa. The Dean, Professor Marion Jacobs endorsed the Health Science's Faculty support for the work of the CCRP. The CCRP has recently been incorporated into the IIDMM of which Lyn Denny is a full member. Graham Beck was honoured as a 'silent philanthropist' who gives generously to enable people from all walks of life, ranging from the Arts to Science, to fulfill their potential and to contribute to the development of South Africa.





A highly successful and complex year is drawing to a close. I would like to thank all the members of the Faculty for their contributions over this year, and say how much they have been appreciated. I wish you a restful and happy holiday and festive season, and look forward to engaging in the challenges and rewards offered by 2007. *Marian Jacobs, Dean*

Wolfson Pavilion: architectural award



The South African Institute of Architects has conferred an Award of Merit on the Wolfson Pavilion. The other UCT recipient was the new Chemical Engineering building. The Wolfson Pavilion was designed by Gabriël Fagan Architects, in association with MLH Architects and Planners. The Wolfson Pavilion derives its name from the Wolfson Foundation

which sponsored R6,4-million towards the building. The IIDMM briefed the architects to link the three buildings both physically and symbolically, and encourage informal interaction between colleagues to heighten the feeling of community. Particular emphasis was placed on the retention of the view of Devils Peak. It succeeds in being a modern building in a classic environment.

Library goes wireless!



Wireless technology has been installed in the Group Study Room, on Level 6 of the Library. To start using it, laptop users need to phone ICTS on x4500 to register their laptops on the network. On average, they should be able to start using wireless in less than an hour. The Group Study Room still remains the venue where small groups of students can work together on their projects and tasks. Its

location is ideally suited for small group interactions and wireless access has not changed this. The Library has assumed a totally different character and look. Of course, the shelves of books will always remain, as will the sight of users quietly reading and making notes. Added to this now, is the sight of library users typing away or staring intently into the screens of their laptops or the Library's PCs, and the vibrancy and energy of the students discussing and debating in the Group Study Room!

History: GSH/FHS medics cricket team



(Due to interest from last month's article)

There have been sporadic GSH cricket teams playing intermittent games since the 1920's. In the 70's Peter Steven and Adie Horak arranged between 2-3 games a year for the not insignificant pool of cricket playing talent that

existed at GSH at the time. In the 87/88 season Joe Grobbelaar and Adie Horak decided to stop the talent drain and established the modern day GSH Medics many of whom had played together as the Emetics student side in the 70's (This team played as the Varsity 3C team and even won the league and gained promotion in 1976!). Kit was acquired and an official logo was designed [see picture] and the Medics which over the years became a Full time/Private joint venture played up to 14 games a season in the FCA league and in their golden years achieved an 80% win rate and became known in opposition circles as the 'Mighty Medics'. After 18 years the circle of life eventually caught up with the nucleus of the team who became decimated by father time, degeneration of the vital senses required for the game and a series of cruel injuries to key players as well as the all too sad but inevitable pursuance of careers outside of Cape Town. Tom Dicker himself a veteran of 12 years and Graham Fieggan have been tasked to maintain the proud heritage of the

team for the next decade and are in need of fit able bodied and enthusiastic cricketers from the Cape Town medical community. Contact Tom on 0832302508 or Graham on 0828716723. Joe Grobbelaar.

Vanguard Drive Student Learning Centre anniversary

The first anniversary of the Student Learning Centre Vanguard (SLCV) was celebrated on 10 November 2006. Amongst those who attended and addressed the gathering were Professor Marian Jacobs, our Dean, Mrs Constance Macozoma of the Langa Health Committee, Mr Derick Abrahams of the Bonteheuwel Health Committee, and Mrs Rona Kasker, Vanguard CHC Facility Manager. Amongst the guests were Dr Joey Cupido, newly appointed Deputy Director General in the PGWC Department of Health as well as Professor Jimmy Volmink and Clare Jeffrey, dubbed by the Dean the SLCV's "godparents". The occasion was used to provide the Faculty's partners with an overview of the many and diverse services that our students have been involved in providing to the communities of Bonteheuwel and Langa over the past year, and something of what they have been learning thanks to the cooperation of the CHC staff and members of the community



Doctors and literature—a selection

Sir Thomas Browne (1605–82). *Religio Medici*
 Peter Roget. (1779—1869) *Thesaurus*
 Oliver Wendell Holmes 1809—1894) *Autocrat at the breakfast table.*
 Anton Pavlovitch Chekhov (1860—1904) *Cherry Orchard*
 Robert Bridges (1844—1930), Poet Laureate. *Various*
 W Somerset Maugham (1874—1965) *Of Human Bondage*
 Arthur Conan Doyle (1859—1930) *The Hound of the Baskervilles*
 Axel Munthe (1857—1949) *The Story of San Michele*
 C Lous Leipold (1880—1947) *Poetry, various*
 William Carlos Williams (1883—1963) *Pulitzer Prize poetry.*
 AJ Cronin. (1896—1951) *The Citadel*
 Francis Brett Young (1907—1954) *The Island*
 Frank G Slaughter (1908—2001) *The Robe.*
 Richard Gordon (1921—) *Doctor in the House*
 Robin Cook (1940—) *Coma*
 Michael Crichton (1942—) *Andromeda strain*

FHS Meetingspeak

(use as many as possible please. All the time.)

Synergy, strategic fit, core competencies, best practice, bottom line, revisit, take that offline, 24/7, out of the loop, benchmark, value added, proactive, win/win, think outside the box, fast track, result-driven, empower (or empowerment), knowledge base, at the end of the day, touch base, mindset, client focus(ed), ballpark, game plan, leverage, paradigm, roll out, level the playing fields, below the radar, get your head around something, fall between the cracks.

Student Mentors

Many students arrive on the medical campus and feel overwhelmed, disorientated and at sea. Help is always at hand. Approximately 90 student mentors, who are senior fellow students typically in their 3—6 years, volunteer to be student mentors, and make up about 3 for each group of 10 new students. The mentees learn all aspects of the campus, about learning and all matters of general adjustment. The scheme started in 2003, and has been an immediate and growing success. At the end of each year mentors are given certificates of appreciation by the Deputy Dean, Professor Gonda Perez. (the 2006 mentors are shown with Professor Perez)



Quiz

November Question: Who designed the UCT crest and when?
 A: *Charles Davidson Bell, Surveyor-General of the Cape Colony, devised the crest in 1859 for the South African College (now the South African College Schools and the University of Cape Town).* Alix Klein, Public Health gets the gift voucher.

December Question: Who was JS Marais?
 Answers: david.dent@uct.ac.za