

Department of Health and Rehabilitation Sciences

Divisions of Communication Sciences and Disorders, Occupational Therapy, Physiotherapy, Nursing and Midwifery and Disability Studies



Nursing and Midwifery



Audiology



Speech Language Pathology



Occupational Therapy



Physiotherapy



FROM THE DEPARTMENT...

THANK YOU

As DHRS we would like to extend our gratitude and appreciation to A/Prof Shajila Singh, who has devoted three years as Head of Department for Health and Rehabilitation Sciences. Following her headship the division of CSD is delighted to welcome her back as a pivotal part of the team.

INTERIM HOD:

DHRS would like to Welcome and Thank Professor Seyi 'Dele' Amosun as acting Interim HOD. We applaud the courage of Prof Amosun who willing 'put up his hand' to take on this demanding and challenging task.

FAREWELL

DHRS has sadly said GOODBYE to A/Prof Sinegugu Duma, who has been newly appointed as Dean of Teaching and Learning, College of Health Sciences, UKZN. We wish her WELL and many success in her new role.



Farewell gathering held on 16 March 2017



A/Prof Shajila Singh



Prof Seyi Amosun

DHRS WELCOMES NEW DEAN IN FACULTY OF HEALTH SCIENCES

DHRS is happy to welcome the new Dean Professor Mayosi, "As Head of Medicine from 2006 he has taken the deanship in 2016. He is a highly accomplished academic, with a long-standing record of excellence, and a strong track-record of fundraising and leadership in his field. Our new Dean is highly respected by colleagues and students alike, and is known to be driven, visionary and dynamic. It is much anticipated that he will not only continue with current programmes, but also usher in a new era of leadership for the Faculty. A strong advocate of transformation, his Deanship will advance the initiatives begun by his predecessors. We are also especially proud that he becomes the first African black Dean of this Faculty, an historic moment in the Faculty's 104 year history.

We wish Prof Mayosi great success in his new role and look forward to working with him as he steers the Faculty to new heights"

Read Full article on his achievements [here](#)



DIVISION of DISABILITY STUDIES

PRESENTATIONS

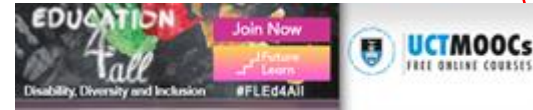
Brian Watermeyer delivered a paper at the Disability Studies conference in Lancaster. Judith and Theresa also presented at the International Association for the scientific study of Intellectual and Developmental disability in Melbourne Australia.



Dr Judy McKenzie

New Head of Division

Dr Judy McKenzie is very honoured to be trusted with this position and aims to grow the division from its already solid base. She acknowledges the sterling work done by Professor Theresa Lorenzo in setting up the division and Theresa's vision in establishing disability studies as an academic discipline for the first time on the African continent. Judith hopes to build on this legacy with the ongoing support of the team.



Massive Open Online Course (MOOC) "Education for All" began on 19th of September with over 3000 participants enrolled

Mr Ikechukwu Nwanze was awarded for his description of how disability issues can be included into undergraduate curricula. He accepted the prize on behalf of himself and Harsha Kathard & Chioma Ohajunwa on "How can we include disability issues into undergraduate curriculum at UCT"

We would also like to congratulate Ikechukwu on passing his Masters and will be graduating in December 2016.



Associate Professor Gonda Perez, Deputy Dean of the Faculty of Health Sciences (left) congratulates Ikechukwu Nwanze,

The division is in the process of signing a contract to work in partnership with CBM on the development of teacher education for children with severe hearing, visual and intellectual disabilities. This will entail engaging new academic and administrative staff for the project work and they will be housed in refurbished office space in E48. HCDP had an intake of 24 students who have successfully completed the course and are eligible to graduate in December 2016. Of these students 4 have already been offered employment. Theresa, Sumaya and Sipho are presenting the HCDP at the 2nd CBR world congress in Malaysia (September 2016) and look forward engaging with key stakeholders in this field. The postgraduate diploma students continue with the blended learning programme with 3 students completing in June and we expect another 13 graduates at the end of 2016. Vic McKinney and Christine Peta graduated with their PhDs in disability Studies in June 2016 and Willson Tarusarira obtained his MPhil.

Undergraduate Degree Programme information

[Click Here](#) for Brochure

DIVISION of PHYSIOTHERAPY



A/Prof Romy Parker

WELCOME to our new Staff members.

- Lieselotte Corten and Kim Buchholtz both as part-time lecturers.
- Fazlien Solomons as a new clinical educator.

“MAKING A DIFFERENCE IN THE LIFE OF AN OLDER PERSON – A PHYSIOTHERAPY PERSPECTIVE” - Fahmida Harris

In line with global, national and regional trends, the population growth within the Western Cape is rapidly increasing. This means that many more elders will face the numerous challenges present in society today. Research evidence indicates that these challenges will result in an expected increase in the number of older persons experiencing disability and functional limitations that may impact on their perception of quality of life and will increase their demand for health care services.

Rehoboth Age Exchange, situated in Hanover Park, is a community-based organization that provides services that cater for the needs of older persons. From institutionalized care, to daily care at the senior service centre, this institution indeed plays a valuable role in the community it serves.

In support of its vision, the Department on Health and Rehabilitation Sciences at the University of Cape Town places physiotherapy students at the placement to assist with the provision of clinical services whilst enhancing their learning experiences.



Tyla- Jade Spike, Fahmida Harris, Thabile Dladla and Emihle Nqwena



“Pain, it turns out, is not a terribly accurate measure of whether or not something is wrong with our body, says Associate Professor Romy Parker of UCT’s Division of Physiotherapy. The pain we feel often has more to do with everything else that is going on in our lives.

Parker debunks the popular notion that pain simply indicates tissue damage. If it hurts, we assume something is badly wrong. But pain is in fact a manifestation of the brain, she explains.

Parker’s interest in pain was piqued while working in the United Kingdom as a young graduate.

“I had patients with terrible disease, but they were living their lives and they didn’t have much pain,” she explained. “Then I had patients whose diseases were really minor and their lives were falling apart – they had terrible pain and weren’t coping.”

This started Parker on a 15-year-long journey unpacking the many intricacies of pain and pain management. She is now engaged in extensive research to probe the effect of education and exercise interventions for patients who suffer pain from prolonged or incurable illnesses. Parker and her colleagues were the first to investigate pain management in HIV sufferers.

DIVISION of OCCUPATIONAL THERAPY

Visiting scholar: Dr Jennifer Creek

We were privileged to receive funding to host Dr Jennifer Creek as a Visiting Scholar in September 2016. Dr Creek is an internationally recognised occupational therapy mental health consultant, theoretician and author of numerous textbooks. She is a guest lecturer at universities in the United Kingdom, Europe, Hong Kong and the Philippines, and has played a leading role in developing position statements for the British College of Occupational Therapists in response to British National Health Service policies. We invited her to UCT to work with us to develop a thinking framework for occupational therapy practice in the physical and mental health domains that is aligned with contextual service challenges and fits within a primary health care mode of service delivery. A secondary purpose was to identify, and agree on definitions for, common core OT terminology that could be used across both domains to achieve greater coherence within the third year curriculum. In light of the call for decolonisation which has foregrounded the central role of language and culture in fostering relevant professional constructs, the timing of the visit was perfect!

Dr Creek shared her experiences of working with the European Network of Occupational Therapy in Higher Education (ENOTHE) to guide a consultative process on terminology. We clarified differences between core occupational therapy terms and critiqued the ENOTHE process to develop action plans for developing core terminology for UCT occupational therapy in physical and mental health. We developed a draft of a locally relevant framework of basic concepts to guide undergraduate student practice learning. The visit provided clarity on the nature, purpose and limitations of a UCT occupational therapy terminology and highlighted the importance of, and a potential approach to, further curriculum development related to the impact of terminology on professional reasoning, identity and practice. The methodology for understanding the etymology from a worldview perspective that Dr Creek covered during the workshops will prove very helpful as the Division of Occupational Therapy commences the curriculum transformation process.

Report submitted by: Helen Buchanan and Madie Duncan



Dr Jennifer Creek

WELCOME to our new Staff members

Marion Harris appointed as the OT Secretary.

Undergraduate Degree Programme information

[Click Here](#) for Brochure

Another Doctor in the house!

Congratulations to Dr Amshuda Sonday...Well done! We are very proud of you. A thumbs up for her proud supervisors, Harsha Kathard and Elelwani Ramugondo.
Title of Thesis: A Case Study of Professional Role Transition for Occupational Therapists in Specialised Education in Post-apartheid South Africa: A critical narrative perspective

Dr Amshuda Sonday has also been appointed Head of Division for Occupational Therapy. We wish her all the success in her future endeavours.



DIVISION of COMMUNICATION SCIENCES and DISORDERS



Mrs Vivienne Norman

NEW HEAD of DIVISION:

Congratulations to Mrs Vivienne Norman on being appointed Head of Division for CSD.

Undergraduate Degree Programme information

Click Here for Brochures [Speech](#) and [Audio](#)

WELCOME to our new staff !!!

- Tracey Lee Cloete as a permanent lecturer in Audiology.
- Olebeng Mahura as a contract lecturer.
- Three clinical educators in audiology namely Nandipa Luwaca, Genevieve Gonsalves and Jay Chouhan

PROMOTIONS

- Dr Michelle Pascoe has been promoted to A/Professor
- Ms Fatemah Camroodien-Surve has been promoted from Clinical Educator to Senior Clinical educator

DIVISION of NURSING and MIDWIFERY



A/Prof Sinegugu Duma

A/Prof Sinegugu Duma has been recognised for her work on sexual assault. Our VC, Dr Max Price has appointed Sine to establish and chair the UCT Sexual Assault Response Team (SART) for the university. Sine is humbled yet excited about the opportunity to contribute to this effort.

New Postgraduate Programmes available

See brochure for more information

[Click here](#)

BOOK LAUNCH

The book will be launched at 17:00 on Wednesday, 30 November, at Frances Ames, UCT Faculty of Health Sciences, Barnard Fuller Building.

Hoping to contribute to a narrative that lacks the voices and perspectives of victims of sexual violence, Duma centres the experiences of black South African women as they respond to or recover from sexual assault trauma.

The book is framed within post-apartheid black feminism – a term coined by Duma – in order to affirm the status of black women in the construction of knowledge, as well as their right to participate in knowledge that is being created about their lives.

It aims to bring hope to survivors and to show that, however difficult, recovery is possible. To that end, Duma provides concrete and practical advice through seven steps to aid the course of recovery.

RESEARCH CORNER !!!!

From, BRIAN WATERMEYER:

Data gathering is in full swing in my qualitative research project investigating the socio-economic, relational and impairment-related circumstances of families with a disabled child in impoverished communities around Cape Town. What we find is that disability is often but one of a host of forms of adversity families experience, but, at the same time, one which has the capacity to make various aspects of life harder, through taxing personal and financial resources, attracting experiences of discrimination, and adding to stress levels in parents.

I've just returned from the Lancaster Disability Studies Conference, where I presented a paper on disability and the phenomenon of ongoing 'traumatic assaults on identity' (paper published this year in *Journal of Community and Applied Social Psychology*). This work relates closely to my new paper in *Culture, Medicine and Psychiatry*, which applies Cheng's model of 'racial melanbcholia' to the question of disability inequality. Both references are below.

Watermeyer, B. (2016). 'I Don't Have Time for an Emotional Life': Marginalization, dependency and melancholic suspension in disability. *Culture, Medicine, and Psychiatry*. doi:10.1007/s11013-016-9503-x
Watermeyer, B., & Swartz, L. (2016). Disablism, Identity and Self: Discrimination as a traumatic assault on subjectivity. *Journal of Community & Applied Social Psychology*, Doi: 10.1002/casp.2266.

Departmental Publication Incentive (DPI)

DHRS has used the DPI to steadily increase research publication outputs over the last few years. This year was no exception and the DPI ran from mid June until the end of September 2016. Staff were encouraged to set aside dedicated time for writing with the promise of a small financial incentive paid into their research fund on submission and acceptance. This year we had (XX) submissions during the DPI period, a (XX) increase from 2015. Congrats to (XX) and (XX) who submitted the most publications this year – and everyone in the department for contributions and encouragement.

Research Seminars

The Research Development Group organized two successful seminars this term in which research contributions from staff and students were shared. Dr Amshuda Sunday kick-started the programme with a talk focusing on the methodology behind her recently completed PhD. The second talk focused on current research into speech difficulties in isiXhosa and Setswana speakers. If you would like to share your research in a friendly forum please let Cindy Lewis know. We always welcome suggestions of themes and speakers for these sessions.

Name people rather divisions I think?

Update by Research Head, Michelle Pascoe

