



DHRS

Department of Health and Rehabilitation Sciences

Audiology



Speech Language Pathology



Nursing & Midwifery



Physiotherapy



Occupational Therapy





Communication Sciences and Disorders,
Physiotherapy, Occupational Therapy,
Nursing and Midwifery, Disability Studies



DHRS
Department of Health and
Rehabilitation Sciences

DHRS Launch of New Logo



THE FLAME represents life and is held together by the hands indicating the care the department of Health and Rehabilitation Sciences take to ensure a quality of life for their employees, students and patients.

THE HANDS simultaneously symbolise the participation of the department's employees and students and the inclusion of people from all walks of life.

THE SHIELD is aligned to the UCT shield shape. This logo contains metaphors for inclusion, participation and the cherishing of life.



Disability Studies & Midwifery
Department of Health and
Rehabilitation Sciences
CELEBRATING
80
YEARS 1937-2017



DHRS Launch of New Logo

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Prof Lebogang Ramma

HEAD of DIVISION:

HOD's Message:

A wise philosopher once said that a team leader is only as good as the team that they lead. I therefore consider myself fortunate because I have the privilege of working with some of the best minds in the Faculty of Health Sciences: Excellent teaching staff, amazing researchers, brilliant administration team and generally good people (not forgetting our amazing students). As a department, we can truly be proud of ourselves for what we have already accomplished during the first 6 months of 2018: We have had several of our colleagues receiving research grants/awards, we have initiated many curriculum review initiatives, we had a number of visiting scholars in our department, monthly departmental seminars, launch of our new departmental logo and most importantly we are keeping a culture of open dialogue in the department alive.

This is not to say that we do not have challenges: The experience(s) of some of our students is a cause for concern. Whether this relates to them feeling that they do not get "value for money" in some of their academic courses or some relational issues with members of staff – these need our attention. Likewise, the experiences of new staff members in the department (most specifically, early career colleagues) is worth celebrating. Let's keep on working together to change this. Ladies and gentlemen, I present to you the first issue of DHRS Newsletter for 2018! Enjoy.

Sincerely,
Lebogang

THANK YOU !!!!

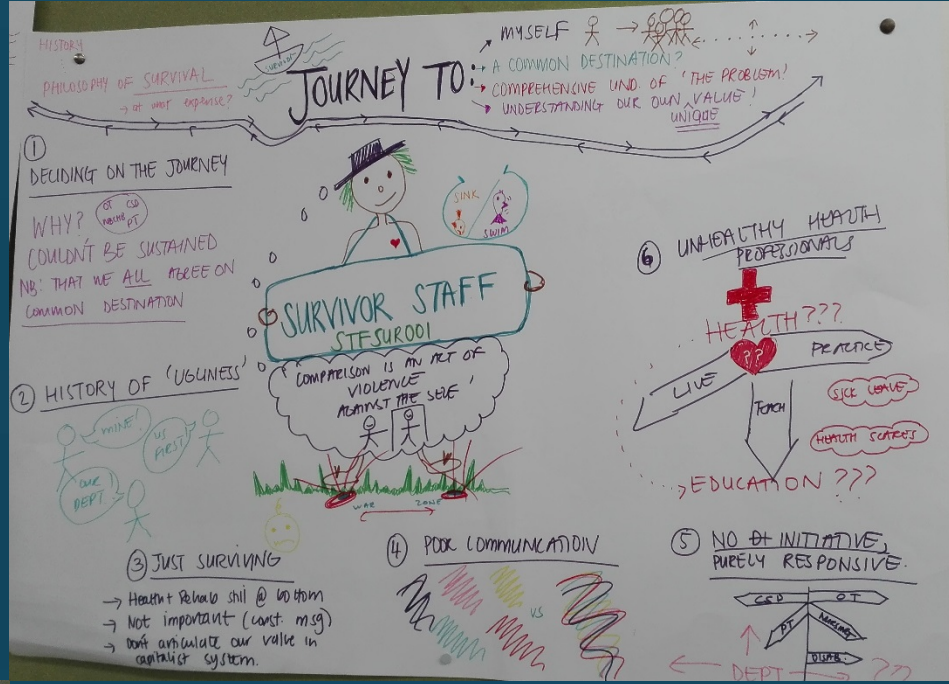
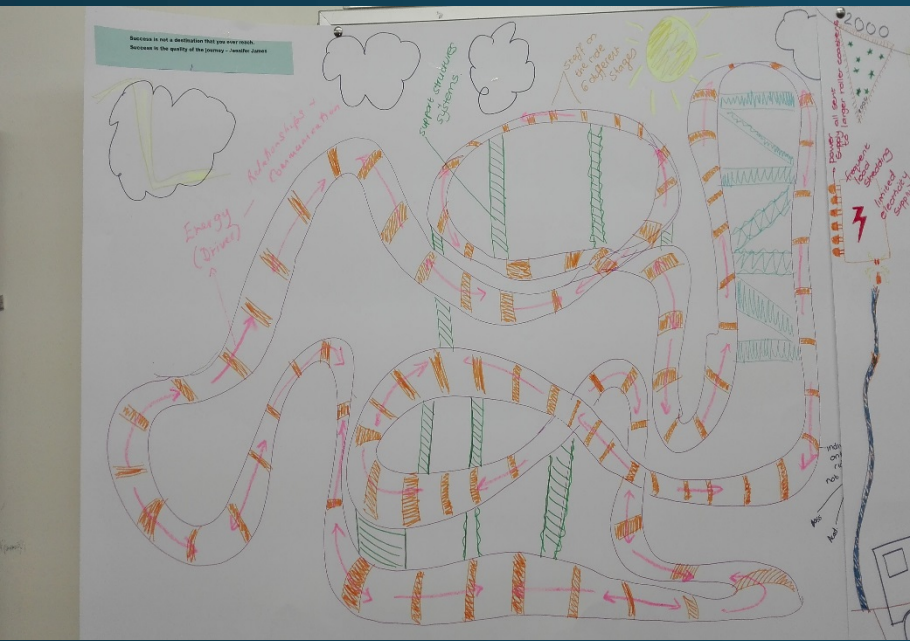


Dr Soraya Maart

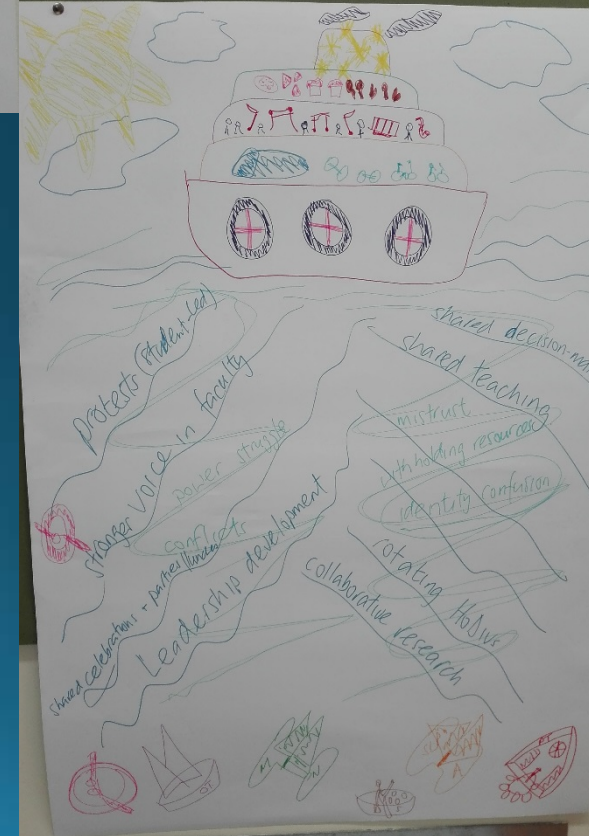
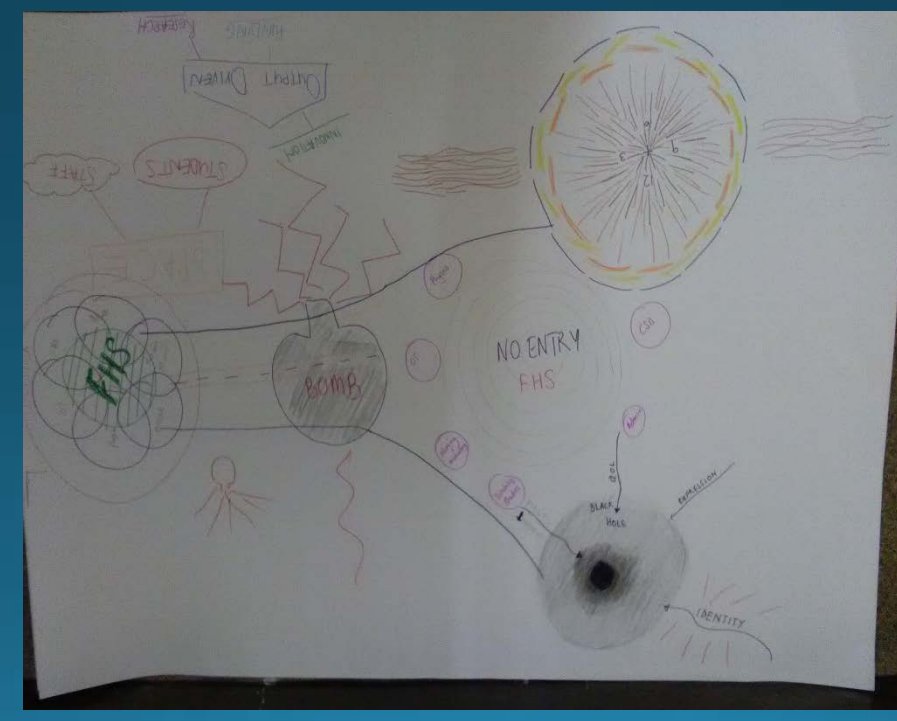


Mrs Vivienne Norman

The Department would like to thank **Dr Soraya Maart (Physiotherapy)** and **Mrs Vivienne Norman (CSD)**, who stepped down as Heads of their respective divisions for their contributions to their Divisions and the Department.



These drawings were part of the DHRs Communication Workshop held on 29 May 2018, facilitated by Dr Linda Price. Staff was placed in 5 groups of 6 people and had to put their ideas and feelings in the form of a drawing. These 5 drawings represent the history and current status of DHRs... AND the way forward!!!





Division of Occupational Therapy



UNIVERSITY OF CAPE TOWN



SCHOOL OF HEALTH & REHABILITATION SCIENCES
DEPARTMENT OF OCCUPATIONAL THERAPY (BSC) - 2017

CLASS OF 2017



Drach Nwae, 'M Mshabisa, E de Kourik, A Feyzi, P Uhe, Z Sangati, YV Clotier, Y Taryna, JM Cennock, W Berger, S Sebirean, S Mshoye, GA Rikenth

CONGRATULATIONS: Dr Amshuda Sonday who was awarded the **2016 Excellence in Teaching Award** in recognition of her outstanding contribution to teaching in OT (there was no award given in 2017 due to the events that were taking place on campus). Here is what the award committee considered when making a decision to award her this prestigious award:

"Amshuda's application demonstrated thoughtful, informed writing on the role of reflection in professional development. There was clear evidence of both effort to constructively align teaching and that this was achieved, as evidenced in the one external examiner report. The candidates' students' reflection on race and class serve as possible indicators of reflective teaching practice. She also related how her recent PhD will influence her teaching."



A New Doctor in the House!!!

Matumo Ramafikeng has successfully completed her PhD!!! We are so proud of you. Congratulations on this amazing achievement Matumo! Congratulations to your supervisors, Elelwani Ramugondo and Rochelle Kapp.

WFOT Congress 2018, held in Cape Town, South Africa, on 21 – 25 May 2018

Congratulation to our Division of Occupational Therapy for their contribution to the First World Federation Occupational Therapy Congress held on African soil!

HoDiv, Amshuda Sonday says: "We are all holding the South African OT flag high and papers and posters that have been presented, has been phenomenal"

We are very proud of our very own "Ele", Professor Elelwani Ramugondo who gave the keynote address on the opening morning of the conference. "Elelwani represented the profession, country and continent in front of an international audience, challenging therapists to respond to our unique challenges in respectful, just and collaborative ways". See link, <https://youtu.be/S96IlytPG9I>

We are delighted to announce that the Division of OT has been HPCSA accredited for 2018

- 2022

Mrs Fadia Gamielien has been awarded an AMARI (Africa Mental Health Research Initiative) scholarship for the next 3 years. It is to do a PhD in the Centre for Public Mental Health (UCT Dept. of Psychiatry and Mental Health. Only two fellowships were offered across Africa, and there were 28 applicants



Division of Communication Sciences and Disorders



Continuing Professional Development

This year we have revived monthly CPD seminars with the adult neuro teaching team. In March, Associate Prof Shajila Singh presented the first of a series of three talks on advances in dysphagia management to CSD's neuro teaching team and clinical educators as well as to over 20 practicing clinicians in the field. In May, Dr Carol Legg presented a series of case studies of adults with aphasia to highlight the sociocultural context and how this influences the lived experience of aphasia. In June, Celeste Edwards will talk to the team on advances in management of adults with right hemisphere cognitive-communicative disorder. The adult neuro teaching team is not only a forum for sharing new developments in the field, but a forum of mutual support and discussion regarding students' needs as they enter this challenging area of clinical practice.

NEW HOD'IV:
CONGRATULATIONS to
Associate Professor Michelle
Pascoe : Head of the CSD.

Visiting Scholar

Professor Sinfree Makoni, a visiting scholar from Penn State University in the United States, was in Cape Town during May with the Albertina and Walter Sisulu Institute of Aging in Africa. On Friday 18 May 2018, Prof Makoni met with our fourth year speech pathology students and interested staff members where he spoke to us about his research in language and ageing and multilingualism and invited discussion regarding the clinical and diagnostic challenges that our students face in treating multilingual clients and how the social context of elderly patients impacts upon management.

CSD Open Day: 21 April 2018



UCT/DHRS Open Day : Fatemah, Celeste and Cynthia held down the speech side. Nandipha, Vera and 6 students held audio down. **SPECIAL THANKS Vera Hlayisi:** Thank you to everyone that helped set up, encouraged students to participate and in all made this happen. There were scores of high school students and their parents that were assisted. All in all, a good day!!!

Ms Jamie-Lee du Preez (ex CSD): one of the authors together with other Speech Therapists are involved in the collation of a series of books "Thrive books" that have been written for Grade 1, and are being used for typically developing children as well as children with learning delays and disabilities (including but not limited to ADHD, ADD, language delays, dyslexia). For more info, thrivematipha.co.za, or email enquiries@thrivematipha.co.za



Lyndall Marlow graduated with a Masters in Early Childhood Intervention from the University of Pretoria in April 2018. Currently, she is working at Frere Hospital in East London and is in the process of establishing a "Parent Empowerment Project" which will encourage parents to develop their children's **speech and language** at home and within their communities.



Division of Physiotherapy



NEW HOD'IV:
CONGRATULATIONS!! to Dr
Nirmala (Niri) Naidoo on being
appointed as Head of
Physiotherapy.



Naila Edries: Post Graduate
Diploma in Interdisciplinary Pain
Management



Above: **Joshua Gailard (3rd year physio student)** and **Physio Lecturer, Dr Lieselotte Corten**, volunteered for UCT basketball as physiotherapists and will continue taking care of the team in their preparation to the tournament and at USSA which will take place at WITS university. This is a proud moment for the Physio Division to get the opportunity to be involved in UCT sports even though on a voluntary basis. One of our CSD students, **Lauren Fredericks**, plays for the UCT ladies first team and helped them to the victory.

Congratulations to Maxwell Katleho Limakatso who has passed his **MSc in Physiotherapy**.
Dissertation title: **The effectiveness of graded motor imagery for reducing phantom limb pain and disability upper and lower limb amputees**
Congratulations also to the supervisors: **A/Prof Romy Parker, Mrs Shamila Manie and Dr Tory Madden**.



Congratulations to Shamila Manie whose scholarship for 2018/19 has been officially renewed and received R40 000 from the Research development grant towards her study.

CONGRATULATIONS!!!!

Congratulations to the following Physiotherapy post graduate students and their supervisors.

Masters:

Faiza Achmat – Supervisor: Emeritus Professor **Jennifer Jelsma**
Roche Crafford – Supervisors: Dr **Gillian Ferguson** and Dr **Eugene Rameckers**
Sarah Cameron – Associate Professor **Romy Parker**

MPhil in Exercise Science and Sport Physiotherapy:

Amy Burger - Supervisor, Dr **Theresa Burgess**
Diana Kgokong – Associate Professor **Romy Parker**

PhD

Dr Nuhu Assuman - Supervisors, Dr **Theresa Burgess** and Emeritus Professor **Jennifer Jelsma**
Dr Jean-Baptiste Sagahutu – Supervisor, Professor **Francois Cilliers**
Dr Janine Verstraete – Supervisors, Emeritus Professor **Jennifer Jelsma** and Associate Professor **Lebogang Ramma**
Anri Human – Supervisors Professor **Brenda Morrow** and Emeritus Professor **Jennifer Jelsma**

****Anri is also the winner 3MT Competition



Division of Disability Studies



PG Diploma in Disability Studies: Students from DPSA

As a part of our group of 24 students in the 2018 group of PG Diploma in Disability Studies programme, we have the pleasure of enrolling 13 students from Disabled People South Africa (DPSA) in 2018. With a strong background in policy implications to people with disabilities, the students have been engaging academically, bringing in their experience to bear and encourage the implementation of inclusive practices. Furthermore, these students are important players in their respective fields, with the group including a parliamentarian, national and provincial co-ordinators, a skills development co-ordinator, and more.



Seminar on Disability in Stellenbosch 7 May 2018

Dr Brian Watermeyer and A/Prof Judith McKenzie participated in a panel discussion entitled "*Beyond the Right to Life: Disability, Personhood and Participation*" hosted by Stellenbosch University. This panel discussion formed part of a seminar series which focuses on taking stock of disability and human rights in contemporary South Africa.



TEDI Project (Teacher Empowerment for Disability Inclusion)

The Teacher Empowerment for Disability Inclusion (TEDI) project is a partnership between the University of Cape Town and Christoffel-Blinden Mission, and is funded by the European Union. The aim of TEDI is to empower teachers to provide quality education for learners with severe to profound disabilities through training that is focused on inclusivity, diversity and addressing learners' disability specific needs. In doing this TEDI is developing four short courses:

- Disability Studies in Education
- Education and Care for Learners with Severe to Profound Intellectual Disabilities
- Educating Learners with Low Vision and Blindness
- Educating D/deaf and Hard of Hearing Learners.

TEDI will also be hosting a colloquium in August 2019 with the purpose of bringing together stakeholders from the Teaching and Learning Development Capacity Improvement Programme, to share their experience, research and suggestions for the landscape of teacher education to meet the needs of children with severe to profound disabilities.

Dr Brian Watermeyer
facilitating a course
development meeting
in January 2018.

VISITING ACADEMICS

- 1- Dr Heather Aldersey
- 2- Prof Roy McConkey
- 3- Dr Kevin Murfitt

We are grateful to have had **Dr Heather Aldersey**, from Queen's University in Canada, for the month of May. Dr Aldersey will be helping with research about community participation of families with a child with an intellectual disability, as well as giving a two talks, one on family quality of life and the other on family support strategies. **Prof Roy McConkey** visited the Department from 28 May to 8 June 2018. Roy has been involved in staff and student development processes within the Department and has also worked together with the TEDI Team on their project and presented at the Public Seminar on Strategies for Family Support Systems on 31 May 2018.



Dr Heather Aldersey



Prof Roy McConkey



Dr Kevin Murfitt



Division of Nursing & Midwifery



Renal Mini Symposium 2018

An Update on Peritoneal dialysis and Transplantation

Tuesday 17 April 2018



The renal symposium was attended by 50 delegates from the public and private sector. The Division of Nursing and Midwifery is targeting healthcare workers in the field of nephrology providing care to patients suffering from Chronic Kidney Disease. The division's intention is one of providing a platform where knowledge and evidence-based practice can be shared to make a valuable contribution in improving patient outcomes.

The Division had a Mentorship Workshop and was well-received. It was held on 18 April 2018 at their clinical practice.



Congratulations!!!
Dr Tania de Villiers was granted US\$ 25 000.00 global seed grant in violence prevention, by the Women's Health, Gender, and Empowerment Center of Expertise (WHGE-COE), University of California (San Francisco). This funding will assist in kick-starting her post-doctoral research.



The Division celebrated the International Nurses' Day Retiree Function on



Function: Retirement of Mr Dudley Govin, Director of the Western Cape College of Nursing held on 30 March at the Nico Malan Hall, Groote Schuur Hospital

DN&M hosted 21 students and 2 Faculty members from Spelman College, Atlanta, Georgia, USA. The college is part of the Atlanta University Center academic consortium in Atlanta. Founded in 1881 as the Atlanta Baptist Female Seminary. Spelman was the fourth historically black female institution of higher education to receive its collegiate charter in 1924. The intention of the visit is to set up a collaboration around learning and teaching and possible lecturer exchange.



Division of Nursing & Midwifery 2018 Graduates: April 2018:
Professional Master's in Child Nursing: 6 (2 distinctions); (1 graduated Dec 2017)
MSc: 2 distinctions ; **PG Dip:** 42

Wellness Committee

Staff and children of DHRS gathered at Muizenberg beach for the first Wellness event of 2018, **"Beach Walk/Clean-Up"**. The turnout was not as large as expected due to staff commitments but for those who were there, the afternoon was enjoyable and well worth the effort "the proof is in the pudding...see pics". The beach walk began at surfers corner and went along the Muizenberg beach. Staff and children took a leisurely walk laughing and chatting as they went along. The children were very brave and jumped into the freezing water "clothes and all". The plan was to clean up the beach as we walked along but Muizenberg beach is a fairly clean beach so much time was spent walking and socialising and very little cleaning took place. After the leisurely walk, we were treated to an array of snacks which included: water, energy drink, jungle bar, lays, biltong and nuts. We would like to thank the Wellness Committee for putting together such a wonderful event and to our Head of Department A/Prof Lebogang "Lebo" Ramma for supporting this initiative to improve the health and wellness of all staff. Looking forward to our next activity and a larger crowd.... Please send your suggestions to any of the Committee members, i.e. Shamila Manie (chair), Fahmida Harris, Olebeng Mahura, Sophia Alie and Rayda Dawood





Research Committee



The DRC chair reviewed many high quality proposals across all divisions. It is encouraging to see so many postgraduate students and staff members submitting exciting research proposals.

Events that took place in May to 6 June.

- Emeritus **Prof Roy McConkey** & Dr **Heather Aldersey** visited the department during 28 May - 8 June 2018. Dr Heather Aldersey and Emeritus Professor Roy McConkey will delivered a public lecture on Thursday, 31 May, at Frances Ames, Barnard Fuller. The talk focussed on looking at ways of supporting families who have a child with a disability.
- On Tues 29 May, the committee had **PhD programmes** discussions to discuss the review process to support students.
- On 1 June **DOAC presentations** with conversations on PhD programmes. Staff and students were welcome to participate in the conversations as well as other supervisors outside the department.
- Three day **writing retreat** at Stoep Start Up in Plumstead from 4-6 June where Roy and Heather will be available for advise and guidance.

• Prof Dr Bouwien Smits- Engelsman

14-25 May visited the Department and supervising a PhD in Physiotherapy. She is also collaborating with Gillian Ferguson on a project on increasing levels of physical activity and fitness in a low income school. Prof Bouwien will be back in Cape Town in September to present a CPD accredited course.

Departmental Publication Incentive (DPI) 2017

This year we decided to extend the DPI period. If you submitted an article to a journal for consideration between **1 July – 30 November**, please send proof of submission to Mrs Cindy Palm.

Congratulations!!! Dr Gillian Ferguson has been appointed as the new DRC as of 1 April 2018. **THANK YOU** to Dr **Michelle Pascoe** for her services at DRC.

DHRS Mid day seminars 2018. Dates/speakers/topics

23rd March: Presenter, *Dr Lieselotte Corten*

Topic: *"Characteristics, outcome and non-pharmacological management of children admitted with acute lower respiratory tract infections at Red Cross War Memorial Hospital."*

6th April: Presenter, *Brian Watermeyer*

Topic: *"Disability and Human Rights"*

27th July: Presenter, *A/Prof Judith McKenzie*

Topic: *"Intellectual Disabilities"*

24th August: Presenter, *Candice Hendricks*

Topic: *"The effect of a non-pharmacological intervention programme on impairments, activity and participation restrictions in women with osteoarthritis: A randomized controlled trial."*

14th September: *Dr Michal Harty*

Topic: *"Autism Spectrum Disorder"*

5th October: *Prof Madie Duncan*

Topic: *"Participatory research for disability inclusion."*

19th October: *Prof Dele Amosun*

Topic: *"National Development Plan: Strategies to reduce life expectancy in South Africa"*



Postgraduate Committee



PGDip Nursing: Critical Care Nursing	Ester Shambekela Ambunda Wanda Bakada Motsobu Melitha Kalane Celiwe Ziphezhinhle Precious Khuzwayo Siphokazi Sweetness Makana Nombulelo Nompumelelo Ngubane Beatrice Konakoneni Shikongo Tabita Nonceba Siko Noluvo Yvonne Somlotha Khanyisa Tyeda	PGDip Nursing: Nephrology	Shanaas Abrahams; Asanda Bebula; Lebogang Daba Vincent Xolani Hlongwane; Masutane Florence Maboya Pretty Sibusisiwe Madlala; Simson Molepane Masha Anneri Mellor; Rose Thandi Mokwena Duduzile Elizabeth Msane; Alfred Mathule Nchabeleng Jewel Nontokozo Ntaka; Allison Harriet Pienaar Trevor Zakes Qwabe; Khethukuthula Duncan Sibisi Theresa Serina Snygans
MPhil Sports Physio	Alda Grethe Geldenhuys (with distinction)	PGDip Nursing: Child Nursing	Sakhumzi Stanton Gunya ; Teodensia Mbute Isak Anneline Jabes; Theresa Diane Bernalene Jacobs Meagan Mellicia Mac Donald ; Eunike Mushelenga Fanny Tunyanyukweni Nambahu Ncomeka Abegail Ndlazulwana Lungile Zamafunza Pearl Ngcobo Pearl Ruth Richards ; Noluthando Zibi
MSc Nursing	Olamide Olajumoke Afolalu (with distinction) Lapani Chisi Ngala (with distinction)	PGDip Disability Studies	Chantal Joy Brinkman; Mogamat Rida Desai Jabulani Leteane ; Katekani Rejoyce Maluleke Loyiso Mapuma; Kashiefa Matthews Karen Louise Mostert (with distinction) Shabnim Parker; Azwidohwi Emelia Tshivhase
MSc Physiotherapy	Cameron Roy Reardon (with distinction)	MSc Audiology	Vera-Genevey Hlayisi Tarryn Sparg
PhD in Nursing	Safinah Museene		