



DHRS

Department of Health and Rehabilitation Sciences

Audiology

Speech Language Pathology

Nursing & Midwifery

Physiotherapy

Occupational Therapy





HOD: A/Prof Lebogang Ramma

Message from the HOD:

Hello Colleagues

A great philosopher once said “*ex DHRS seper aliquid novi.*” which loosely translates to “*out of DHRS always something exciting.*”

Colleagues, 2019 has been an exciting year for DHRS so far: The year started with the usual marathon of admissions processes. A special thanks to the HODivs of the three UG programmes who showcased their ‘*telethon skills*’ to sort out the admissions issues arose earlier this year. If this academia thing does not work out, I am sure these three colleagues will make it in the call centre business (Lol). The rehab conference is also just around the corner, **feel it, it is here!** Finally, we had a special visit from the university (and faculty) executives at one of our clinical sites (Victoria Hospital) earlier this year and we ‘*shined bright like a diamond.*’

In this issue of DHRS newsletter, we share with you updates from different programmes and portfolios. As usual, the newsletter is rich with colourful and lively images which literally bring to life the content it contains. I am sure you will agree with me when I say once more that there is no department like DHRS at UCT. We are truly a department of champions!

Have a nice read.

Vice Chancellor's Visit



The VC, Professor Mamokgethi “Kgethi” Phakeng was invited to visit Victoria hospital where representatives from each division in the Faculty of Health Sciences gave a 3-minute talk on what the role of students are at Vic. The VC was accompanied by the Interim Dean, Prof. Carolyn Williamson. Also present were our colleagues from different Programmes:

- OT (Tasneem)
- CSD (Jane)
- Physio (Letitia)

Rehabilitation Conference



DHRS/UCT in partnership with the Western Cape Government will be hosting an exciting event for health and rehabilitation professionals in the sub-Saharan Region.

The National Health and Rehabilitation Conference is taking place under the theme: **"Rehabilitation for All"**.

The Conference aims to highlight issues of inclusion & exclusion and the need for interrogating how we conceptualise Health & Rehabilitation Sciences as a sector.

Dates: 22 & 23 August 2019

Venue: [The River Club](#), Observatory



Programme Updates



Division of Communication Sciences and Disorders



Conferences:

CSD team showing some interdisciplinary collaborations internationally.

Prof Harsha Kathard was invited to present a seminar at the recent 2019 NBASLH Convention in North Carolina and her presentation was titled: Wakanda Forever: Jettisoning Colonial Thinking in CSD and in Africa.

Dr Christine Rogers, Head of the Audiology Programme invited to facilitate a two day Vestibular Course in Gaborone, Botswana by the Botswana Physiotherapy Association.



Prof Titus Ibekwe from University of Abuja in Nigeria, signing the MOU with Prof Perez, DHRS HOD and CSD staff at the Dean's office on 18 February 2019.

Grants/Awards/Scholarships:

Prof Harsha Kathard accepts a scholarship on behalf of her PhD student, Karina Fischer Morgensen to go present their research at the upcoming International Labour Office meeting in Geneva, Switzerland. Selekesho Segoneco, Audiology lecturer, receives the Vice Chancellors award.

Tracey Lee Cloete receives a Research Development Grant

Vera-Genevey Hlayisi receives a National Research Fund Thuthuka Grant

Audiology Clinic in Africa's Largest Sub-Saharan Pediatric Hospital has Become Inspired by Ida. Inspired by Ida is a designation awarded to individuals and clinics that are dedicated to delivering person-centered hearing care and have completed a training program offered by the Ida Institute. The goal of the program is to encourage hearing care professionals around the world, like Silva Kuschke and her team in room S24 of the Red Cross War Memorial Children's Hospital, to implement person-centered care in their practice.

Child Language Africa, a research unit focusing on children's language development in the African context, has been accredited by the university's research office, formalising the work that we have been doing for the past decade. We are a multidisciplinary unit working with researchers from DHRS, Linguistics, African Languages and other Health Sciences departments.. For further information please have a look at our website <https://www.childlanguageafrica.com/> or chat with one of the unit's directors Michelle Pascoe, Olebeng Mahura or Heather Brookes.

Events:

Upcoming CPD events:

June 2019: UCT Audiology team is hosting a workshop on Person Centred Care in collaboration with the Ida institute. Workshop information coming soon. Email: vera.hlayisi@uct.ac.za for more information.

Our SLP student, Ashleigh Prinsloo was awarded a SASLHA R50000 bursary based on her excellent results last year.



Congratulations:

Dr Rizwana Mallick graduated with PhD in Speech Therapy. Well done to her Supervisor, Prof Harsha Kathard.



Division of Disability Studies



Message from: Acting HODiv, Prof Theresa Lorenzo

Disability Innovations Africa has been busy this semester. In collaboration with Dominique Brand and Karina Fischer Morgensen of BFM associates (and doing their PhDs in Disability Studies, DIA evaluated disability inclusion for MerSETA and Projects funded by First Rand Foundation. Let us know if you are interested in hearing the findings and we'll try organize an event!

DIA and the Ukrainian Association of South Africa were grateful that Marlene Le Roux, CEO of Artscape Theatre Centre and a Disability Studies alumni, hosted "A Conversation on Sport and the Human Abilities of People with Disabilities". The event was an engaging and inspiring sharing of the stories of disabled war veterans journey to social inclusion. Dominique Brand, a PhD student, Delicia de Vos, A MPhil student and Mr Armand Bam, CEO of League of the Friends of the Blind and one of our alumni, were part of a panel with a coach from National Institute of the Deaf.

So take the opportunity to see the photographic exhibition that will be hosted at Artscape for Disability Month in November.

A proud moment for our colleague, Anthea Hansen who were amongst the graduates honoured at a very vibrant graduation ceremony held at Sarah Baartman Hall on April 13th. Anthea graduated with a MPhil in Disability Studies.



DATE: **23 MAY 2019** TIME: **10 AM - 1 PM**

VENUE: **ARTSCAPE THEATRE, CAPE TOWN**



THE VICTORS² social multimedia project

CONVERSATION ON SPORT AND THE HUMAN ABILITIES OF PEOPLE WITH DISABILITIES

This inspirational photographic exhibition presents the exceptional human abilities of those who despite the loss of parts of their body have not lost their strong spirit.

The exhibition consists of 17 photos of Paralympians, veterans, and volunteers of Anti-Terrorist Operation in Ukraine (ATO), who became amputees as result of the Russian aggression. The project was created to support their psychological rehabilitation and reintegration into social life via sport.

The photos were made by Ukrainian artists Alexander Morderer and Tetiana Rubliova.

We hope the conversation will highlight the enablers for others to participate in sport and explore how we upscale such initiatives to make them more accessible for more people.

ORGANIZED BY

COORDINATED BY




Above: Prof Theresa Lorenzo is the Acting HODiv for DSD in the absence of A/Prof Judith McKenzie, who is currently on sabbatical leave.

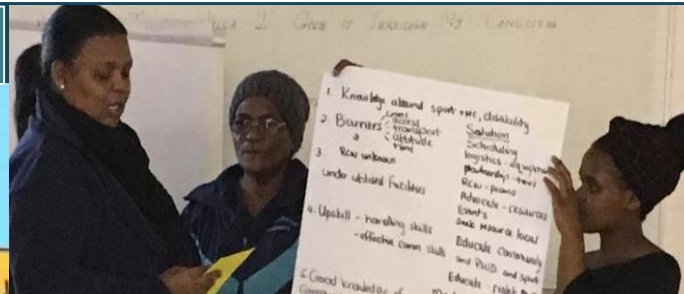
DSD Welcomes new Staff: Amour McCarthy – Administrator

R.S.V.P. celese.williams@uct.ac.za or info@uaza.co.za by 21st of May

Slide continues...



Above: A/Prof Judith McKenzie visited universities and NGOs in Sao Paul Brazil in order to develop South-South collaboration in the fields of disability studies and inclusive education. She presented three seminars at the University of Sao Paulo, Fondacio Escola de Comercio Alvares Pentead (FECAP) and the Rodrigo Mendes Institute. These seminars were received with great interests and the similarities between Brazil and South Africa in respect of inequality and poverty were striking. We hope to build an ongoing collaboration with these institutions going forward through joint research and postgraduate student exchange.



Dr Brian Watermeyer presented at the Nordic Network on Disability research in Copenhagen in May. Representatives from 44 countries presented on a range of topics in disability studies, and, as usual, South Africa was well represented. Our international visibility continues to grow, with our new book, **The Palgrave Handbook of Disability and Citizenship in the Global South** (Eds. Watermeyer, McKenzie and Swartz), generating much discussion. The Division of Disability Studies is now in the process of negotiating formal links for student and staff exchange with the University of Stockholm and the University of Helsinki



Pictures left/Above: DSD hosted a Research Dissemination Day – Research on Higher Certificate in Disability Practice (HCDP), on 22 May 2019. The focus was on research done on the HCDS and was well attended by therapists and programme managers from the WCDH, academics DHRS, UWC and alumni of the Higher certificate in Disability Studies Practice.

The day was divided into two sessions. In the first session research findings on the training and experiences of the HCDP graduates (Rehab Care workers). Presentations included the roles of the rehab care worker in the health system, in facilitating inclusion of people with disabilities in sport and their experiences of some of the barriers and facilitators in these roles. There was also a presentation on a tool that was developed to assist the Rehabilitation care worker in documenting information on rehabilitation and health needs of people with disabilities.

The second session was an interactive session where all attendees participated in robust discussions on some key questions that emerged from the research topics that were presented.



Division of Nursing & Midwifery



DHRS celebrated Nurses/Midwifery week 5-12 May 2019.

Message from HODiv, Dr Nicki Fouché:

"Dear all

The DN&M is very appreciative of the gesture of tea and cake to celebrate International Day of the Midwife (5th May) and International Nurses day (12th May).

Michal thank you for your kind words and acknowledgement of some of our contributions to the Department.

Thank you Lebo and Rayda for arranging the tea.

It was special to share what nursing means to us and the students. I have taken the initiative to make the month of May Nurses Month in the future - so that means that we can still celebrate!

Kind regards

Nicki, Sheila, Tania, Yolinda, Aletta, Una and of course Remo"

Below: Badge Ceremony & Graduation 2019



Left: 2019 PGDN Student committee

Below: Our PGDN students and staff dressed up to celebrate Africa month





Division of Occupational Therapy



Congratulations to Mr Israfeel Abbas who has won a substantive reward for the 2019 FHS Start Up Emerging Researchers Award (SERA). We wish him success in his research endeavours.

New Staff:

- Israfeel Abbas: Lecturer
- Michelle Hannington: Clinical educator
- Reyna Makan: Clinical Educator
- Melissa Francke: Clinical Educator



Above: A/Prof Roshan Galvaan photographed with Malagasy colleagues. Ending off the Masters in Occupational Therapy curriculum validation process in Antananarivo in December 2018.



Below: A/Prof Helen Buchanan received a Short Research Visit Award to attend some lectures in the Effective Knowledge Transfer for Rehabilitation Scientists course at McMaster University as part of her sabbatical, and spent 3 weeks at McMaster in May. The visit was beneficial not only in terms of learning about knowledge transfer but also for discussing possible research collaborations and finding out about the interprofessional Masters programmes they offer. She made the most of the weekends by exploring some of the beautiful attractions in the Hamilton and Niagara area. This photo was taken during a visit to Niagara Falls with professor emeritus Mary Law.



CASO: A/Prof Soraya Maart and Mrs Anthea Hansen has been participants from the DHRS.

A key outcome of the collaboration was a course called 'Communication as a Participatory Process' that includes modules which focus on learning with and from experts by experience; communication in context; diversity competence; interprofessional communication; and interpersonal communication.



A/Prof Soraya Maart has been appointed as the secretariat of the World Health Organisation Family of International Classifications-Family Development committee. They recently held their meeting in Conegliano- Italy to focus on the use of Classification in the monitoring of Universal Health Coverage and the implementation of Primary Health Care.

Physio division is growing... another addition to the physio family. Congratulations to Marc and Naidoo family on the birth of Baby Caleb Kevin Naidoo (right)



Another Doctor in the House!!!

Congratulations to our newest doctor, **Dr Marc Naidoo** . You did everyone proud.

Photographed above with his beautiful wife, Robynn.



New Staff:

Sumaya Gabriels ,
Appointed as Clinical Educator in a permanent capacity for Physiotherapy.



Congratulations to our colleague Mrs Fahmida Harris who was awarded an MSc Physiotherapy degree at the April 13th graduation ceremony. HODiv Dr Niri Naidoo and Physio colleagues, Nailya Edries, Shamila Manie and Letitia Rustin were there to show their support.

Please join me in congratulating our brilliant PG students and their awesome Supervisors:

- Karlien Spangenberg, passed MSc in Physiotherapy with Distinction. *Supervisors:* Emeritus Prof Jennifer Jelsma and A/Prof Judy McKenzie
- Dr Jermaine Dambi, completed his PhD in Physiotherapy. Dr Dambi has been awarded a prestigious Fogarty Postdoc Fellowship for 2019-2020 at the University of Zimbabwe and Stanford University. **Supervisors:** Emeritus Prof Jennifer Jelsma (UCT) and Dr Tecla Mlambo (University Zimbabwe)
- Dr Emmanuel Bonney passed his PhD! **Supervisors:** Dr Gillian Ferguson and Prof Bouwien Smits-Engelsman.



A/Prof Lebogang Ramma attended the 2019 EFAS Conference held in Lisbon from May 22-25 where he gave a podium presentation. [Photo taken at the EFAS Gala Dinner].

NEW ADMIN STAFF

Permanent Positions:

- Ms Keanan Fortuin – replaced Mrs Warda Samaai in CSD.
- Ms Amour McCarthy - replaced Ms Judith Roberts in Disability Studies
- Ms Anele Abrahams – replacing Mrs Cindy as Research and Postgraduate administrator.

Temporary Positions:

- Ms Celese Williams is back in a temporary position as Receptionist.
- Mr Keenan Hendrickse will remain with us until the end of October for 20 hours per week to assist the Departmental Research Committee with some strategic projects.

Staff on Sabbatical and Research Leave:

- A/Prof Helen Buchanan from 1 February to 30 November 2019. Back in office 3 December 2019.
- A/Prof Judy McKenzie from 1 February to 30 November 2019 . Prof Theresa Lorenzo is acting HODiv for DSD.
- Ms Mapheledi 'Maps' Motimele is on research leave until December 2020.

Coaching Circles Workshop

EXCO had their 1st Coaching Circles workshop on 7 February 2019 held as a work-away at Dumo Baqwa in Barnard Fuller Building. The workshop was facilitated by **Anthea Boehmke** of the Centre for Coaching, UCT Graduate School of Business.

What is Coaching Circles? This workshop allows leaders to experience a powerful Action-Learning based tool to practice their coaching and leadership skills in a confidential, non-judgmental environment. It aims to build capacity and resilience in our organisation in order to work with and embrace change in a positive and constructive manner.

Envisaged outcomes of Coaching Circles:

- Accelerate learning
- Create new possibilities for action
- Reflect with peers
- Practice being a leader and coach through
 - Learning to reflect
 - Knowing yourself
 - Understanding others
 - Thinking out of the box
 - Listening attentively
 - Seeking and giving feedback
 - Evoking possibilities through questions
 - Honing organizational antennae – finding out what is going on

EXCO will follow up on this very significant and exciting leadership skills workshop with 3 more Coaching Circles workshop for 2019.

Leadership in Healing Workshop



EXCO and some staff members attended “Leadership as Healing” workshop on 17 January 2019, which was facilitated by the Poet, Shabbir Bhanoobhai. Shabbir had his audience captured to every word, and his style of facilitating his work/workshop is with so much love and humility. He gives a deeper meaning to the word Leader... that is beyond inspiring!! If you visit his website you will find more of his books online –there are substantial samples to read free of charge. Each book allows you to ‘look inside’.
www.veilsoflight.com



Portfolio Updates



DUEC

Departmental Undergraduate Education Committee



DHRS
Department of Health and
Rehabilitation Sciences
FACULTY OF HEALTH SCIENCES

Terms of Reference:
The committee will aim to focus on common interests and factors that influence the achievement of interprofessional practice and the maintenance of appropriate, high quality and efficiently managed academic programmes.

Members of DUEC:
Soraya Maart (Chair)
Nandipa Luwaca
Keagan Johnson
Adele Ibrahim
Tracy-Lee Cloete
Candice Hendricks
Nikki Keaton
Freda Walters

Liesl Peters
Tasneem Mohomed
Jane Le Roux
Olebeng Mahura
Heather Talberg
Letitia Rustin
Naila Edries

The working principles will be based on three pillars viz excellence, transformation and sustainability
Excellence
Ensure the good academic standard of programmes within the Department. This includes academic support programmes
Academic administration to be efficient
Development of a inter professional clinical practice
Transformation
Undergraduate student profile to achieve expected enrolment and diversity targets
Review of augmented support
Sustainability
Cost efficient programmes e.g. promotion of shared learning
Sustainability of clinical sites

Working Groups:
CURRICULUM:
Soraya Maart ; Liesl Peters

CLINICAL PLATFORM:
Jane Le Roux

Plans Going Forward:

- *Developing learning objectives for IPP*
- *Identify core content*
- *Identify shared learning opportunities*
- *Input from Divisions regarding a shared learning*



Postgraduate Committee



Vision of the Department:

To be the acknowledged experts in research-based health and rehabilitation for Africa & the champions of appropriate health practice, technology & research ...

Members:

Administrators:

- Anele Abrahams - PG & Research Officer
- Keenan Hendrickse – Research Project Manager

Academic staff:

- **Chair:** A/Prof Helen Buchanan (Occupational Therapy: MSc & PhD)
- **Vice chair:** Dr Michal Harty (Communication Sciences & Disorders: MSc & PhD)

Members:

- Dr Brian Watermeyer (Disability Studies: MSc & PhD)
- Dr Gillian Ferguson (Physiotherapy: MSc & PhD)
- Dr Theresa Burgess (Physiotherapy: Msc coursework)
- Dr Nicki Fouché (Nursing & Midwifery: MSc & PhD)
- Dr Tania de Villiers (Nursing: PGDip)

Postgrad Committee:

2019 Activities



RESEARCH COMMITTEE

PURPOSE:

To monitor, support and guide departmental research activities, aiding alignment with Faculty priorities and compliance with Faculty procedures and ethics requirements, as well as enabling research productivity at all levels.

Terms of Reference:

Period 3 years

At 18 months, nominations of new members

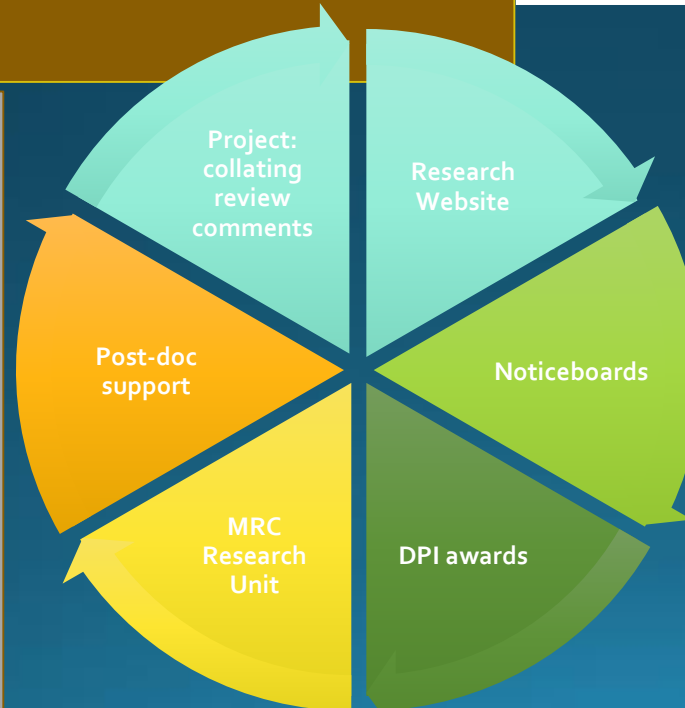
MEMBERS:

Dr Gillian Ferguson (PT), Chair
Dr Sheila Clow (DN&M)
Sumaya Gabriels – (DSD)
Prof Theresa Lorenzo (DSD)
Candice Hendricks (PT)
A/Prof Roshan Galvaan (OT)

Lucretia Petersen (CSD)
Dr Pam Gretschel (OT)
Dr Michal Harty (CSD)
A/Prof Soraya Maart (PT)
Keenan Hendrickse (Research/
Communications)

RESPONSIBILITIES:

- Proposal Review
- Strategic Planning: growing research
- Funding Opportunities
- Communication with FRC
- Collate Research Reports
- Pub counts
- Support (enabling environment)
- Policy and other information dissemination



2019 Events:

Writers Workshop:

- 2019: To be discussed

Research Symposia:

- Neuroscience Institution
- 2019 Mid-day Seminars:
 - 22 March – Dr Carol Legg
 - 26 April - Leigh Ann Richards
 - 7 June – Prof Theresa Lorenzo
 - 6 September (New date) – A/Prof Soraya Maart, Anthea Hansen
 - 27 September – Lucretia Petersen
 - 25 October – Ike Nwanze

Conference Planning:

- DHRS hosting the UCT National Rehabilitation Conference on 22nd and 23rd August 2019 at the River Club, Observatory.



Transformation Committee



TERMS OF REFERENCE:

- Remit:**
- An advocacy role to enable a transformation-friendly environment
 - Focus on disruption and care to transform the department’s professional identity
 - Encourage Africanisation
 - The committee to make recommendations re actions or conversations that we need to have as a department
 - Working with the other departmental committees, not as a separate entity, in order to foster “transformation-friendly” environments
 - Implement Faculty TEC initiatives in departments
- Reps:** at least one from each division (currently no admin or students)
- Meetings:** 4 times per year

- Members of the Transformation Committee:**
- Brian Watermeyer
 - Ilse du Plessis
 - Vera Hlayisi
 - Lee-Anne Richards
 - Maphyeledi (Maps)
 - Lucretia Petersen (Chair)

Below: Lucretia encouraged staff to participate online conversation to input words that forms a “word cloud or word collage” . The Transformation committee will use this information (and insights gained from future conversations) to guide our strategy and operational goals. The 1st question was about “discouraging” participation and the 2nd word cloud was about “encouraging” participation.

What about/in our (DHRS) environment & community discourages participation?



What about/in our (DHRS) environment & community encourages participation?





Wellness Committee



OUR aim...

- To promote wellness within our department to promote balance and healthier lifestyles.

WELLNESS EVENTS Planned for 2019:

EVENT 1 -TRAIL WALK *CONSTANTIA*, 5 April

EVENT 2- GAMES AFTERNOON/ART ACTIVITY, 26 July

EVENT 3- PAMPER /MASSAGE SESSION, 18 October



Continue.....





Wellness Committee



Photos of our first event "Alphen Trail walk, Constantia on 5 April"

