



**Division of Endocrinology
and
GSH Diabetes Centre**

World Diabetes Day

Come find out how learning
and exercising can be so much
fun



World Diabetes Day

14th November 2022

Join us for 90 minutes of fun:

1. “Minute to win it” Dance Competition
2. Exercise class with a twist
3. Diabetes Quiz

Lots of prizes to be won !!!

Where: Palm Court, GSH
Time: 11h00-12h30